

Westleton Heath NNR NVC 2013

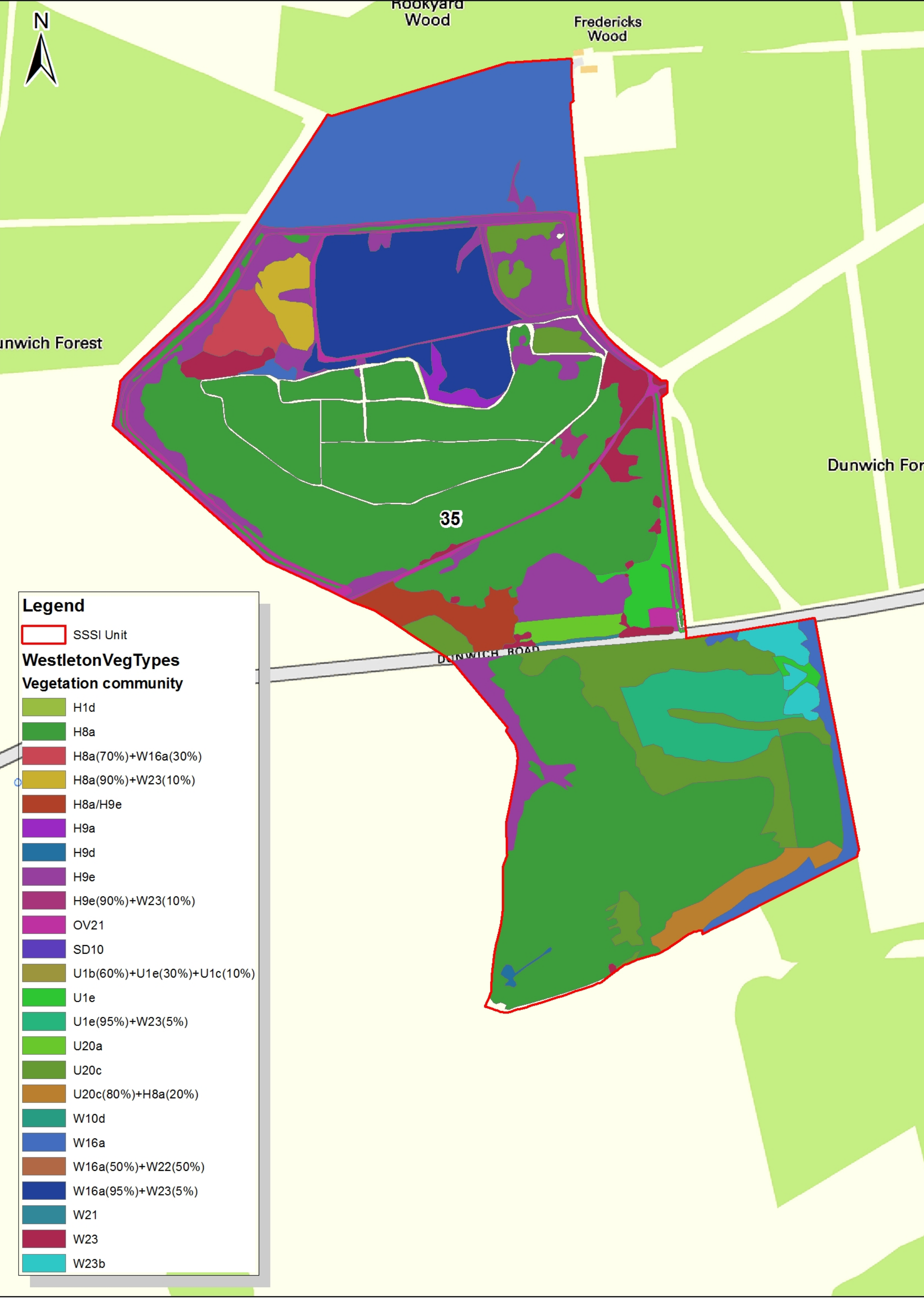
Appendices

First published 16 July 2015

www.gov.uk/government/publications/improvement-programme-for-englands-natura-2000-sites-ipens

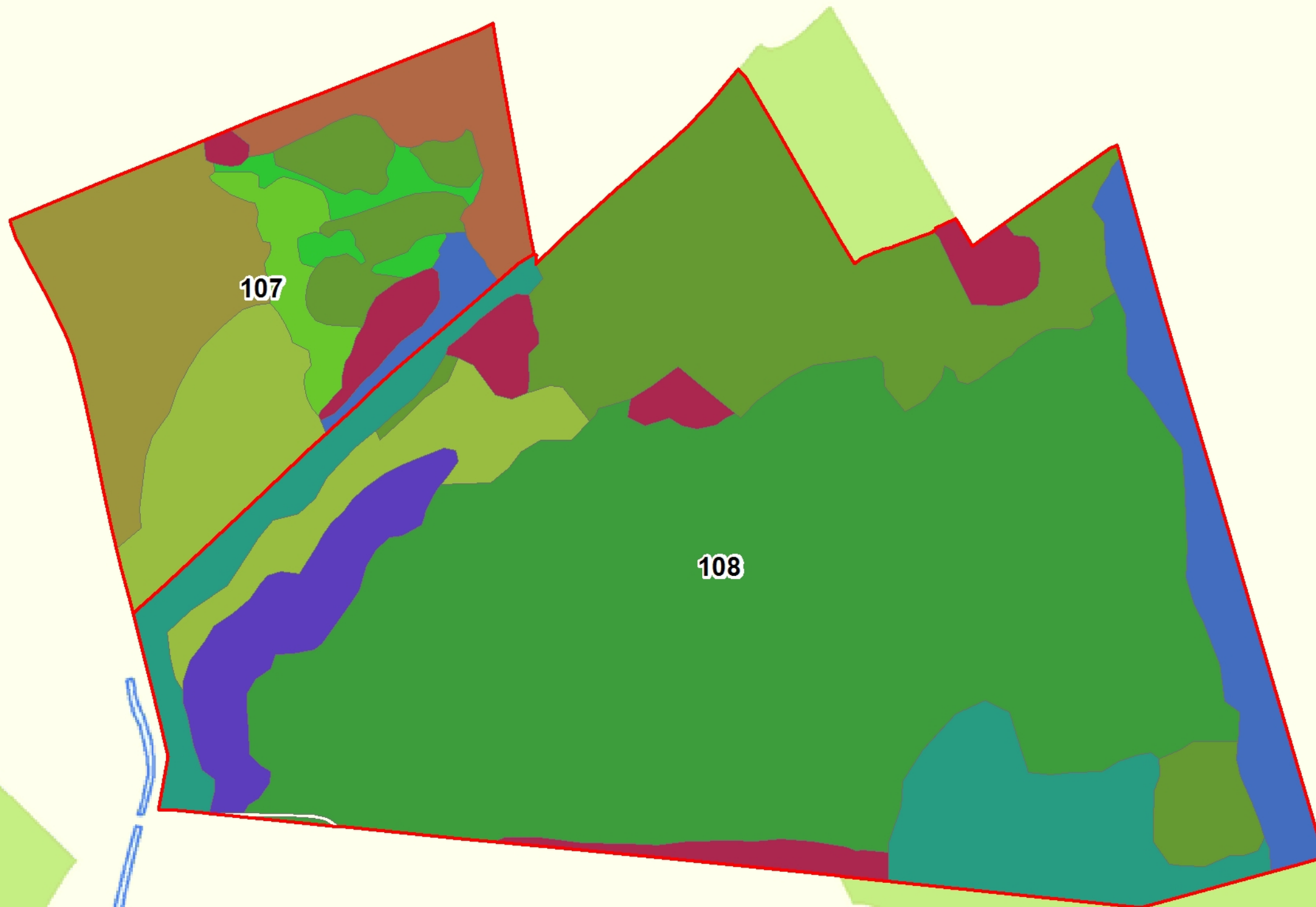
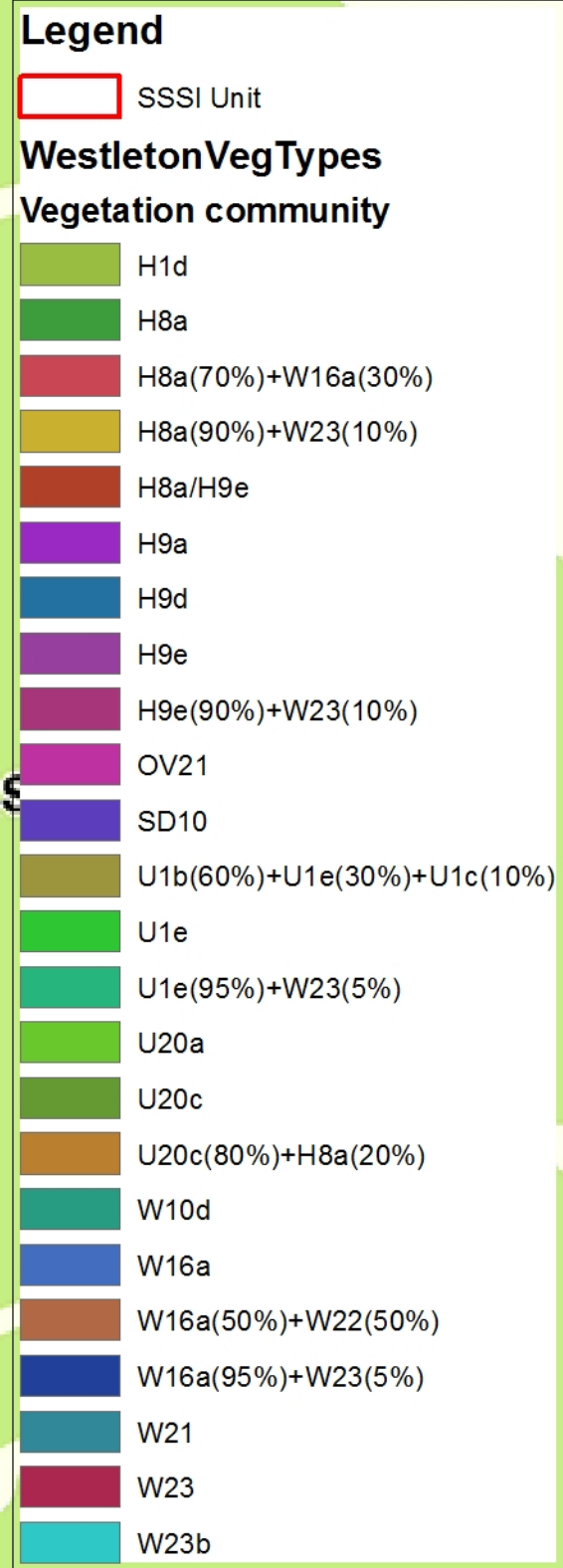


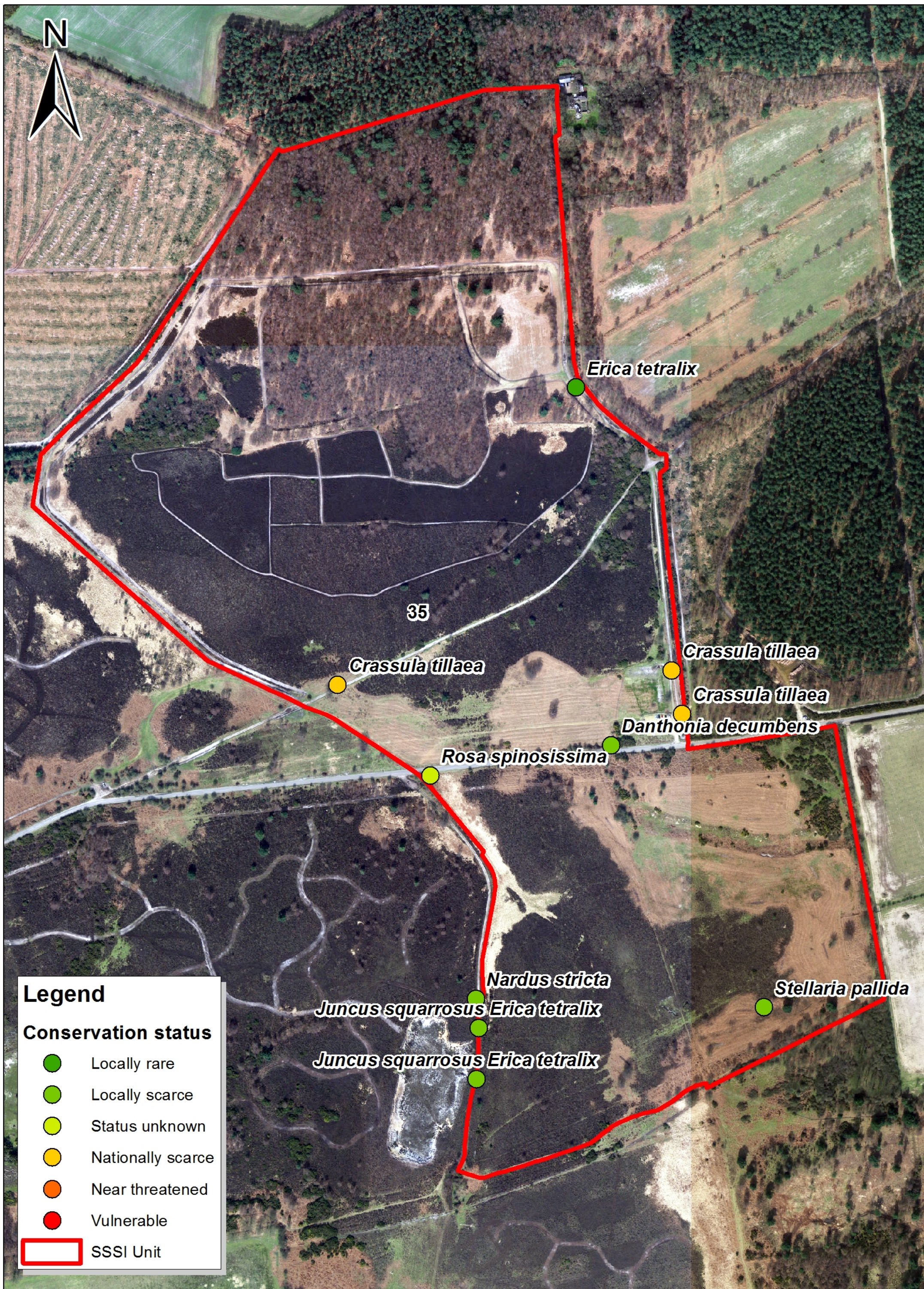
Appendix A:
NVC maps—unit by unit—
35, 107 and 108
of the Minsmere-Walberswick
Heaths & Marshes SSSI –
Walberswick NNR Area



Legend

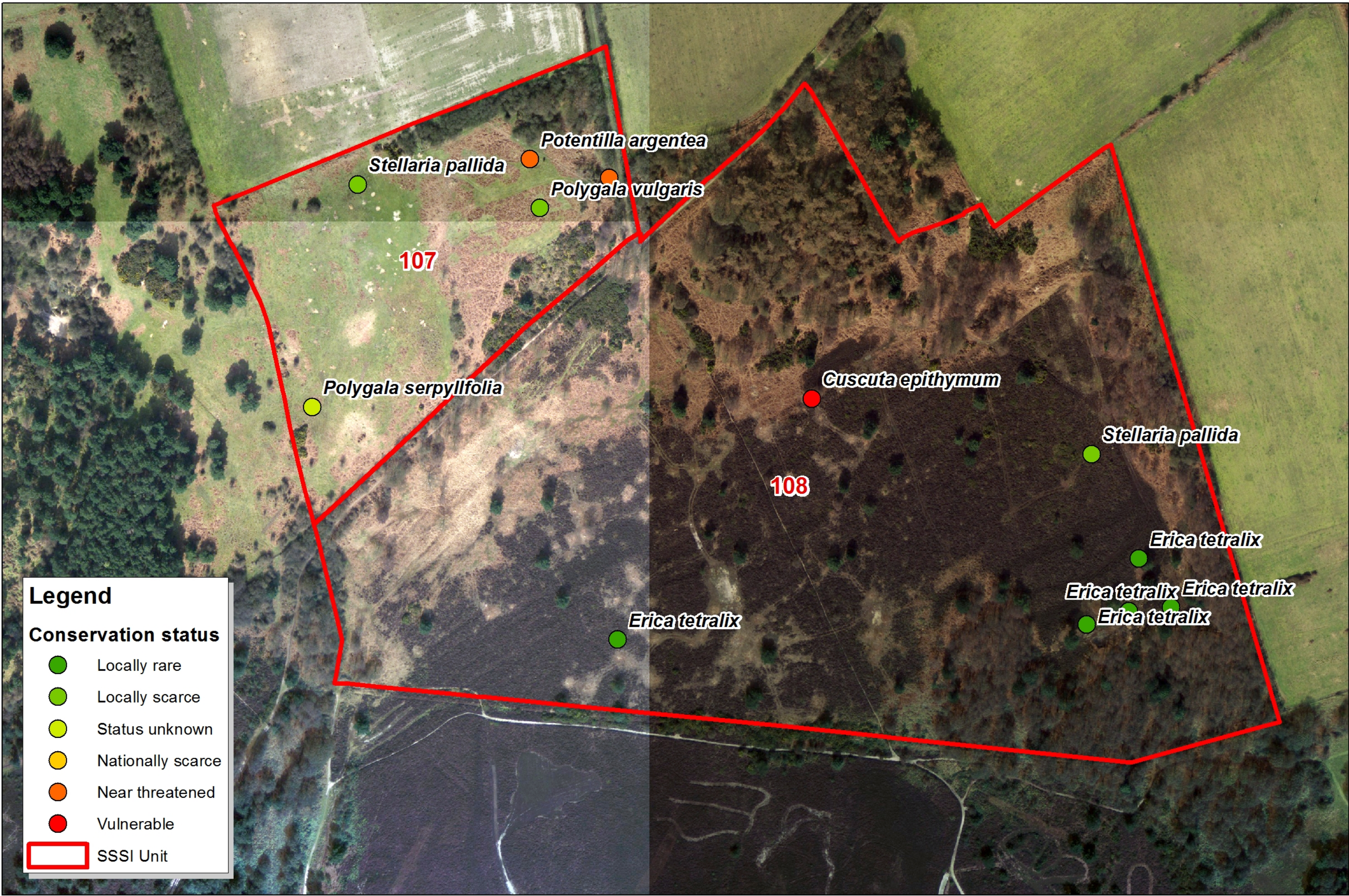
- SSSI Unit
- WestletonVegTypes**
- Vegetation community**
- H1d
- H8a
- H8a(70%)+W16a(30%)
- H8a(90%)+W23(10%)
- H8a/H9e
- H9a
- H9d
- H9e
- H9e(90%)+W23(10%)
- OV21
- SD10
- U1b(60%)+U1e(30%)+U1c(10%)
- U1e
- U1e(95%)+W23(5%)
- U20a
- U20c
- U20c(80%)+H8a(20%)
- W10d
- W16a
- W16a(50%)+W22(50%)
- W16a(95%)+W23(5%)
- W21
- W23
- W23b





0 0.05 0.1 0.2 Miles 1:3,432

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RGB Aerial Photography – ©GeoPerspectives



0 0.0275 0.055 0.11 Miles

1:1,943



N

Silver-studded blue

Dartford warbler

35

Dartford warbler

Woodlark

Silver-studded blue

Silver-studded blue

Dartford warbler

Silver-studded blue

Silver-studded blue

Legend

● Record of interest

□ SSSI Unit

0 0.05 0.1 0.2 Miles 1:3,406

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107

Woodlark

Stone curlew

108

Nightjar

Norfolk hawk

Dartford warbler

Legend

● Record of interest

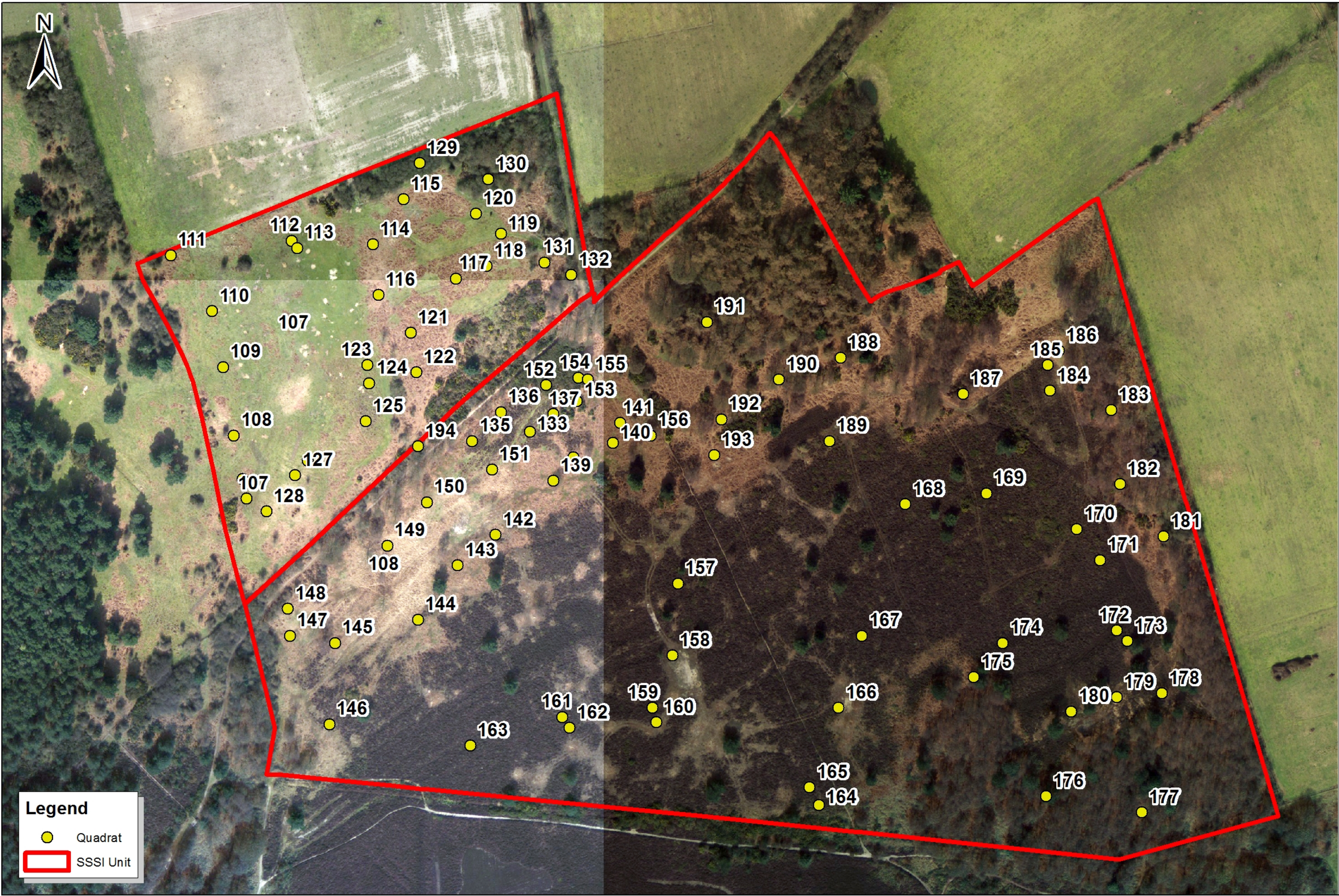
□ SSSI Unit

0 0.0275 0.055 0.11 Miles

1:2,065

Appendix B:
Quadrat data location and
target note maps—
units 35, 107 and 108
of the Minsmere-Walberswick
Heaths & Marshes SSSI –
Walberswick NNR Area





Legend

● Quadrat

▭ SSSI Unit

0 0.0225 0.045 0.09 Miles

1:1,823

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Appendix C:
Vegetation species data per unit
of the Minsmere-Walberswick
Heaths & Marshes SSSI –
Walberswick NNR Area
Units 35, 107 and 108

Species	H1d	H1e	H8a	H9a	H9d	H9e
<i>Achillea millefolium</i>			x			
<i>Agrostis capillaris</i>	x		x	x	x	x
<i>Agrostis vinealis</i>	x		x		x	
<i>Aira caryophyllaea</i>	x					
<i>Aira praecox</i>		x				x
<i>Anagallis arvensis</i>			x			
<i>Anthoxanthum odoratum</i>	x					
<i>Aphanes australis</i>	x					x
<i>Arenaria serpyllifolia</i> subsp. <i>leptoclados</i>	x					
<i>Betula pendula</i>	x		x			x
<i>Calluna vulgaris</i>	x	x	x	x	x	x
<i>Campylopus introflexus</i>	x		x			x
<i>Carex arenaria</i>	x	x	x			x
<i>Carex muricata</i>	x					
<i>Carex nigra</i>						x
<i>Carex pilulifera</i>	x		x	x	x	x
<i>Cerastium fontanum</i>	x		x			
<i>Cerastium semidecandrum</i>	x		x			x
<i>Ceratocarpus claviculata</i>	x			x		x
<i>Chamerion angustifolium</i>						x
<i>Cirsium vulgare</i>			x			
<i>Cladonia crispata</i>			x			
<i>Cladonia coccifera</i>						x
<i>Cladonia fimbriata</i>			x		x	x
<i>Cladonia portentosa</i>		x	x			
<i>Cladonia squamosa</i>						x
<i>Conopodium majus</i>			x			
<i>Crassula tillaea</i>	x					x
<i>Deschampsia cespitosa</i>			x			
<i>Deschampsia flexuosa</i>			x	x		x
<i>Dicranum scoparium</i>			x	x	x	x
<i>Erica cinerea</i>	x	x	x	x	x	x
<i>Erica tetralix</i>	x		x			x
<i>Festuca filiformis</i>	x		x			x
<i>Festuca ovina</i>	x	x	x	x	x	x
<i>Filago vulgaris</i>			x			
<i>Galium saxatile</i>	x	x	x	x	x	x
<i>Glechoma hederacea</i>	x					
<i>Holcus lanatus</i>	x		x	x		
<i>Hypnum cupressiforme</i>	x		x	x	x	x

Table C1. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abreheart Ecology in June 2013. Additional species observed during the survey are also listed.

H1d *Calluna vulgaris*-*Festuca ovina* heath, *Carex arenaria* sub-community

H1e *Calluna vulgaris*-*Festuca ovina* heath, species-poor sub-community

H8a *Calluna vulgaris*-*Ulex gallii* heath, species-poor sub-community

H9a *Calluna vulgaris*-*Deschampsia flexuosa* heath, *Hypnum cupressiforme* sub-community

H9d *Calluna vulgaris*-*Deschampsia flexuosa* heath, *Galium saxatile* sub-community

H9e *Calluna vulgaris*-*Deschampsia flexuosa* heath, *Molinia caerulea* sub-community

Species	H1d	H1e	H8a	H9a	H9d	H9e
<i>Hypochaeris glabra</i>	x					
<i>Hypochaeris radicata</i>			x			
<i>Juncus bufonius</i>			x			x
<i>Juncus effusus</i>			x			
<i>Juncus squarrosus</i>	x		x			
<i>Lonicera periclymenum</i>	x		x			
<i>Lotus corniculatus</i>			x			
<i>Luzula multiflora</i>	x	x	x			x
<i>Molinia caerulea</i>	x		x			x
<i>Ornithopus perpusillus</i>	x					
<i>Pinus sylvestris</i>			x			
<i>Plantago coronopus</i>	x		x			x
<i>Plantago major</i>	x		x			x
<i>Poa annua</i>	x		x	x		x
<i>Poa pratensis</i>			x			
<i>Polygonum aviculare</i>			x			
<i>Polytrichum commune</i>		x				x
<i>Polytrichum juniperinum</i>			x			x
<i>Potentilla erecta</i>						x
<i>Potentilla reptans</i>	x					
<i>Pseudoscleropodium purum</i>			x	x	x	x
<i>Pteridium aquilinum</i>	x		x		x	x
<i>Pteridium thatch</i>		x			x	x
<i>Quercus robur</i>	x		x			x
<i>Rubus</i> sp	x		x			x
<i>Rumex acetosella</i>	x	x	x	x	x	x
<i>Sagina apetala</i>	x					x
<i>Sagina procumbens</i>						x
<i>Salix cinerea</i> subsp. <i>Cinerea</i>			x			
<i>Senecio jacobaea</i>	x					x
<i>Senecio viscosus</i>			x			
<i>Spergularia rubra</i>	x					
<i>Stellaria media</i>		x				
<i>Stellaria pallida</i>			x	x		
<i>Teucrium scorodonia</i>			x			
<i>Trifolium repens</i>	x					
<i>Ulex europaeus</i>			x			
<i>Ulex gallii</i>			x			x
<i>Urtica dioica</i>			x			
<i>Veronica arvensis</i>						x
<i>Veronica officinalis</i>	x		x			
<i>Vulpia bromoides</i>	x		x			

Table C2. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abrehart Ecology in June 2013. Additional species observed during the survey are also listed.

H1d *Calluna vulgaris*-*Festuca ovina* heath, *Carex arenaria* sub-community

H1e *Calluna vulgaris*-*Festuca ovina* heath, species-poor sub-community

H8a *Calluna vulgaris*-*Ulex gallii* heath, species-poor sub-community

H9a *Calluna vulgaris*-*Deschampsia flexuosa* heath, *Hypnum cupressiforme* sub-community

H9d *Calluna vulgaris*-*Deschampsia flexuosa* heath, *Galium saxatile* sub-community

H9e *Calluna vulgaris*-*Deschampsia flexuosa* heath, *Molinia caerulea* sub-community

Species	OV21a	SD10a	SD10b
<i>Agrostis capillaris</i>			x
<i>Aira praecox</i>			x
<i>Aphanes australis</i>	x		
<i>Betula pendula</i>			x
<i>Bromus hordeaceus</i>	x		
<i>Calluna vulgaris</i>		x	x
<i>Campylopus introflexus</i>	x		x
<i>Carex arenaria</i>		x	x
<i>Carex pilulifera</i>			x
<i>Carex pulicaris</i>			x
<i>Cerastium fontanum</i>	x		x
<i>Cerastium glomeratum</i>	x		
<i>Cerastium semidecandrum</i>	x		
<i>Ceratocarpus claviculata</i>			x
<i>Cirsium vulgare</i>	x		
<i>Crassula tillaea</i>	x		
<i>Deschampsia flexuosa</i>			x
<i>Dicranum scoparium</i>			x
<i>Epilobium ciliatum</i>	x		
<i>Erica cinerea</i>			x
<i>Erodium cicutarium</i>	x		
<i>Festuca filiformis</i>			x
<i>Filago vulgaris</i>	x		
<i>Galium saxatile</i>			x
<i>Gnaphalium uliginosum</i>	x		
<i>Holcus lanatus</i>			x
<i>Holcus mollis</i>	x		
<i>Hypnum cupressiforme</i>			x
<i>Lolium perenne</i>	x		
<i>Lonicera periclymenum</i>			x
<i>Luzula multiflora</i>			x
<i>Medicago lupulina</i>	x		
<i>Plantago coronopus</i>	x		
<i>Plantago major</i>	x		
<i>Poa annua</i>	x		x
<i>Polygonum aviculare</i>	x		
<i>Pteridium aquilinum</i>		x	x
<i>Rubus sp</i>		x	x
<i>Rumex acetosella</i>			x
<i>Sagina apetala</i>	x		
<i>Sagina procumbens</i>	x		
<i>Sedum acre</i>	x		
<i>Senecio jacobaea</i>	x		
<i>Sorbus aucuparia</i>			x
<i>Spergularia rubra</i>	x		
<i>Trifolium repens</i>	x		
<i>Veronica chamaedrys</i>			x
<i>Veronica officinalis</i>			x
<i>Vulpia bromoides</i>			x

Table C3. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abreheart Ecology in June 2013. Additional species observed during the survey are also listed.

OV21a *Poa annua*-*Plantago major* community, typical sub-community

SD10a *Carex arenaria* dune community, *Festuca rubra* sub-community

SD10b *Carex arenaria* dune community, *Festuca ovina* sub-community

Species	U1b	U1c	U1e	U20a	U20c
<i>Agrostis capillaris</i>	x	x	x	x	x
<i>Agrostis stolonifera</i>				x	
<i>Agrostis vinealis</i>				x	
<i>Aira caryophylla</i>	x	x	x		
<i>Aira praecox</i>				x	
<i>Anthoxanthum odoratum</i>	x		x	x	x
<i>Aphanes australis</i>		x	x	x	
<i>Betula pendula</i>		x			x
<i>Calluna vulgaris</i>	x	x	x		x
<i>Campylopus introflexus</i>	x		x	x	x
<i>Carex arenaria</i>			x		x
<i>Carex muricata</i>	x	x	x		
<i>Carex pilulifera</i>			x		x
<i>Centaurium erythraea</i>		x	x		
<i>Cerastium fontanum</i>			x	x	x
<i>Cerastium media</i>		x			
<i>Cerastium semidecandrum</i>	x	x	x	x	
<i>Ceratocarpus claviculata</i>					x
<i>Cladonia fimbriata</i>	x	x	x		
<i>Cladonia portentosa</i>			x		
<i>Crataegus monogyna</i>			x		
<i>Deschampsia flexuosa</i>					x
<i>Dicranum scoparium</i>	x	x	x		x
<i>Erica cinerea</i>		x	x	x	x
<i>Erica tetralix</i>					x
<i>Erodium cicutarium</i>		x			
<i>Festuca filiformis</i>	x			x	x
<i>Festuca ovina</i>	x	x	x	x	x
<i>Galeopsis tetrahit</i>					x
<i>Galium aparine</i>					x
<i>Galium saxatile</i>	x	x	x	x	x
<i>Galium verum</i>	x		x		
<i>Glechoma hederacea</i>		x		x	
<i>Gnaphalium uliginosum</i>					
<i>Holcus lanatus</i>	x	x	x	x	x
<i>Holcus mollis</i>				x	
<i>Hypericum humifusum</i>				x	
<i>Hypnum cupressiforme</i>	x	x	x	x	x
<i>Juncus effusus</i>					x
<i>Leontodon taraxacoides</i>	x				
<i>Lonicera periclymenum</i>				x	x
<i>Lotus corniculatus</i>		x	x	x	
<i>Luzula multiflora</i>	x	x	x	x	
<i>Moenchia erecta</i>				x	

Table C4. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abrehart Ecology in June 2013. Additional species observed during the survey are also listed.

U1b *Festuca ovina*-*Agrostis capillaris*-*Rumex acetosella* grassland, typical sub-community

U1c *Festuca ovina*-*Agrostis capillaris*-*Rumex acetosella* grassland, *Erodium cicutarium*-*Teesdalia nudicaulis* sub-community

U1e *Festuca ovina*-*Agrostis capillaris*-*Rumex acetosella* grassland, *Galium saxatile*-*Potentilla erecta* sub-community

U20a *Pteridium aquilinum*-*Galium saxatile* community, *Anthoxanthum odoratum* sub-community

U20c *Pteridium aquilinum*-*Galium saxatile* community, species-poor sub-community

Species	U1b	U1c	U1e	U20a	U20c
<i>Myosotis arvensis</i>				x	
<i>Myosotis discolor</i>		x		x	
<i>Myosotis ramosissima</i>		x		x	
<i>Ornithopus perpusillus</i>		x		x	
<i>Peltigera canina</i>		x			
<i>Pilosella officinarum</i>	x	x	x	x	
<i>Poa annua</i>		x		x	
<i>Poa trivialis</i>		x			
<i>Polygala serpyllifolia</i>		x			
<i>Polygala vulgaris</i>					x
<i>Polytrichum juniperinum</i>					x
<i>Potentilla anglica</i>	x	x	x		
<i>Potentilla argentea</i>			x		
<i>Pseudoscleropodium purum</i>		x	x		x
<i>Pteridium aquilinum</i>	x	x	x	x	x
<i>Pteridium thatch</i>					x
<i>Quercus ilex</i>		x	x		
<i>Quercus robur</i>					x
<i>Rubus</i> sp		x		x	x
<i>Rumex acetosella</i>	x	x	x	x	x
<i>Rumex crispus</i>		x		x	
<i>Rumex obtusifolius</i>				x	x
<i>Sagina apetala</i>		x		x	
<i>Sagina procumbens</i>			x		
<i>Senecio jacobaea</i>			x	x	
<i>Silene dioica</i>					x
<i>Stellaria graminea</i>	x				
<i>Stellaria media</i>				x	
<i>Stellaria pallida</i>		x			
<i>Teucrium scorodonia</i>					x
<i>Trifolium arvensis</i>				x	
<i>Trifolium repens</i>					
<i>Ulex europaeus</i>			x		x
<i>Urtica dioica</i>		x		x	
<i>Verbascum thapsus</i>				x	
<i>Veronica arvensis</i>	x	x	x	x	
<i>Veronica chamaedrys</i>	x	x	x	x	x
<i>Veronica officinalis</i>	x	x	x	x	x
<i>Veronica persica</i>	x				
<i>Veronica serpyllifolia</i>		x			
<i>Vicia lathyroides</i>				x	
<i>Viola riviana</i>	x				
<i>Vulpia bromoides</i>		x	x	x	

Table C5. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abre-hart Ecology in June 2013. Additional species observed during the survey are also listed.

U1b *Festuca ovina*-*Agrostis capillaris*-*Rumex acetosella* grassland, typical sub-community

U1c *Festuca ovina*-*Agrostis capillaris*-*Rumex acetosella* grassland, *Erodium cicutarium*-*Teesdalia nudicaulis* sub-community

U1e *Festuca ovina*-*Agrostis capillaris*-*Rumex acetosella* grassland, *Galium saxatile*-*Potentilla erecta* sub-community

U20a *Pteridium aquilinum*-*Galium saxatile* community, *Anthoxanthum odoratum* sub-community

U20c *Pteridium aquilinum*-*Galium saxatile* community, species-poor sub-community

Species	W10c	W10d	W16a	W21a	W22	W23	W23b
<i>Agrostis vinealis</i>		x					x
<i>Aira praecox</i>							x
<i>Anthoxanthum odoratum</i>		x					x
<i>Aphanes australis</i>		x					
<i>Arenaria serpyllifolia</i> subsp. <i>leptoclados</i>							x
<i>Betula pendula</i>	x	x	x			x	
<i>Brachyhegium velutina</i>			x				
<i>Calluna vulgaris</i>	x		x				x
<i>Campylopus introflexus</i>			x				x
<i>Carex arenaria</i>		x	x				x
<i>Carex pilulifera</i>	x	x					x
<i>Carex pulicaris</i>							x
<i>Cerastium fontanum</i>		x		x			
<i>Cerastium semidecandrum</i>		x					
<i>Ceratocarpus claviculata</i>			x			x	
<i>Chamerion angustifolium</i>							x
<i>Claytonia perfoliata</i>					x		
<i>Crataegus monogyna</i>		x	x	x			
<i>Deschampsia cespitosa</i>		x					
<i>Deschampsia flexuosa</i>			x				
<i>Dicranum scoparium</i>	x		x				
<i>Dryopteris filix-mas</i>							x
<i>Epilobium ciliatum</i>							x
<i>Erica cinerea</i>			x				x
<i>Festuca filiformis</i>			x				x
<i>Festuca ovina</i>		x	x				x
<i>Galium aparine</i>			x				
<i>Galium saxatile</i>		x	x				x
<i>Glechoma hederacea</i>			x		x		
<i>Holcus lanatus</i>		x	x	x			
<i>Holcus mollis</i>							x
<i>Hypnum cupressiforme</i>	x		x				x
<i>Ilex aquifolium</i>			x			x	
<i>Juncus bufonius</i>							x
<i>Leucobryum glaucum</i>			x				
<i>Lonicera periclymenum</i>		x	x			x	
<i>Lotus corniculatus</i>							x
<i>Luzula multiflora</i>			x				x
<i>Molinia caerulea</i>			x			x	
<i>Myosotis arvensis</i>				x			
<i>Pilosella officinarum</i>							x
<i>Pinus sylvestris</i>			x				

Table C6. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abreheart Ecology in June 2013. Additional species observed during the survey are also listed.

W10c *Quercus robur*-*Pteridium aquilinum*-*Rubus fruticosus* woodland, *Hedera helix* sub-community
W10d *Quercus robur*-*Pteridium aquilinum*-*Rubus fruticosus* woodland, *Holcus lanatus* sub-community
W16a *Quercus* spp.-*Betula* spp.-*Deschampsia flexuosa* woodland, *Quercus robur* sub-community
W21a *Crataegus monogyna*-*Hedera helix* scrub, *Hedera helix*-*Urtica dioica* sub-community
W22 *Prunus spinosa*-*Rubus fruticosus* scrub
W23 *Ulex europaeus*-*Rubus fruticosus* scrub
W23b *Ulex europaeus*-*Rubus fruticosus* scrub, *Rumex acetosella* sub-community

Species	W10c	W10d	W16a	W21a	W22	W23	W23b
<i>Poa annua</i>			x	x			
<i>Poa trivialis</i>		x	x				
<i>Polytrichum commune</i>			x				
<i>Polytrichum formosum</i>						x	
<i>Polytrichum juniperinum</i>			x				
<i>Potentilla erecta</i>		x					
<i>Potentilla reptans</i>		x					
<i>Prunus cerasifera</i>			x		x		
<i>Pseudoscleropodium purum</i>			x			x	
<i>Pteridium aquilinum</i>	x	x	x	x			
<i>Quercus robur</i>		x	x	x			
<i>Rosa canina</i>							x
<i>Rubus</i> sp		x	x	x			
<i>Rubus spectabilis</i>			x				
<i>Rumex acetosella</i>	x	x					x
<i>Senecio jacobaea</i>				x			
<i>Senecio viscosus</i>							x
<i>Sonchus asper</i>							x
<i>Sonchus oleraceus</i>							x
<i>Sorbus aucuparia</i>				x			
<i>Stellaria media</i>				x			
<i>Teucrium scorodonia</i>		x	x				x
<i>Ulex europaeus</i>			x	x			
<i>Ulex gallii</i>							x
<i>Ulmus minor</i>							x
<i>Ulmus minor</i> subsp. Minor		x	x				x
<i>Urtica dioica</i>			x	x			
<i>Veronica chamaedrys</i>			x	x			
<i>Veronica officinalis</i>		x		x			
<i>Vulpia bromoides</i>							x

Table C7. The occurrence of plant species in NVC communities found at Westleton Heath NNR and units 107 and 108, undertaken for Natural England by Abrehart Ecology in June 2013. Additional species observed during the survey are also listed.

W10c *Quercus robur*-*Pteridium aquilinum*-*Rubus fruticosus* woodland, *Hedera helix* sub-community

W10d *Quercus robur*-*Pteridium aquilinum*-*Rubus fruticosus* woodland, *Holcus lanatus* sub-community

W16a *Quercus* spp.-*Betula* spp.-*Deschampsia flexuosa* woodland, *Quercus robur* sub-community

W21a *Crataegus monogyna*-*Hedera helix* scrub, *Hedera helix*-*Urtica dioica* sub-community

W22 *Prunus spinosa*-*Rubus fruticosus* scrub

W23 *Ulex europaeus*-*Rubus fruticosus* scrub

W23b *Ulex europaeus*-*Rubus fruticosus* scrub, *Rumex acetosella* sub-community

<i>Acer pseudoplatanus</i>	<i>Jasione montana</i>
<i>Agrimonia eupatoria</i>	<i>Koeleria macrantha</i>
<i>Agrostis stolonifera</i>	<i>Lamium album</i>
<i>Alopecurus pratensis</i>	<i>Nardus stricta</i>
<i>Arctium minus</i>	<i>Persicaria hydropiper</i>
<i>Arrhenatherum elatius</i>	<i>Phleum bertolonii</i>
<i>Bellis perennis</i>	<i>Plantago lanceolata</i>
<i>Bryonia dioica</i>	<i>Potentilla argentea</i>
<i>Capsella bursa-pastoris</i>	<i>Prunella vulgaris</i>
<i>Castanea sativa</i>	<i>Prunus spinosa</i>
<i>Centaurea nigra</i>	<i>Ranunculus bulbosus</i>
<i>Chaerophyllum temulum</i>	<i>Ranunculus repens</i>
<i>Cirsium arvense</i>	<i>Rosa spinosissima</i>
<i>Cochlearia danica</i>	<i>Rubus caesius</i>
<i>Dactylis glomerata</i>	<i>Rumex acetosa</i>
<i>Danthonia decumbens</i>	<i>Salvia verbenaca</i>
<i>Festuca rubra</i>	<i>Senecio sylvaticus</i>
<i>Galium aparine</i>	<i>Senecio viscosus</i>
<i>Galium verum</i>	<i>Silene latifolia</i>
<i>Geranium pusillum</i>	<i>Trifolium campestre</i>
<i>Geum urbanum</i>	<i>Trisetum flavescens</i>
<i>Hypericum perforatum</i>	<i>Viola odorata</i>

Table C8. Additional species found at Westleton Heath NNR and units 107 and 108 during the , NVC community surveys undertaken for Natural England by Abrehart Ecology in June 2013.

Appendix D:
Quadrat data sets for
all quadrats
of the Minsmere-Walberswick
Heaths & Marshes SSSI –
Walberswick NNR Area
Units 35, 107 and 108

Westleton Heath NNR

Location - unit number	Grid reference	Region	Author
Unit 107	TM4680068890	East Suffolk	Toby Abrehart
Grass heath at the western end of the unit. Well grazed by rabbits and red deer. Calluna has been heavily grazed and has collapsed with a little regrowth		Date	Quadrat Number
		15/12/2013	106
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		5cm	
		Layers Cover	
		100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis capillaris	10
Aira caryophyllea	1
Calluna vulgaris	5
Cladonia fimbriata	1
Dicranum scoparium	2
Erica cinerea	20
Festuca ovina	40
Galium saxatile	5

Holcus lanatus	1
Luzula multiflora	2
Pilosella officinarum	2
Poa annua	1
Polygala serpyllifolia	1
Potentilla anglica	2
Pseudoscleropodium	10
Pteridium aquilinum	1

Location - unit number	Grid reference	Region	Author
Unit 107	TM4680268879	East Suffolk	Toby Abrehart
Well grazed grass heath, Rumex acetosella is dominant with some Calluna vulgaris though small and very low and well grazed. Species rich habitat with 19 species recorded		Date	Quadrat Number
		19/12/2013	107
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		5cm	
		Layers Cover	
		100%	
		Geology:	
		sandy heath	

Species list

Plant Name	Plant Density
Agrostis capillaris	20
Bare sand - rabbit dist	3
Calluna vulgaris	5
Campylopus introflex	15
Cladonia fimbriata	2
Dicranum scoparium	2
Festuca filiformis	1
Festuca ovina	40

Galium saxatile	5
Galium verum	2
Holcus lanatus	2
Hypnum cupressiform	1
Leontodon taraxacoide	1
Luzula multiflora	5
Potentilla argentea	3
Rumex acetosella	20

Location - unit number	Grid reference	Region	Author
Unit 107	TM4679568914	East Suffolk	Toby Abrehart
Grazed by rabbits, grass heathland. More grass than heathers. It is at western end of unit. The area once held <i>Pteridium aquilinum</i> though this has been cut/treated and was only obvious from the old vegetation. Species rich grasslands developing. 		Date	Quadrat Number
		19/12/2013	108
		Altitude	Soil Depth
		0	0
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		10cm	
		Layers Cover	
		100%	
		Geology:	
		sandy heath	

Species list

Plant Name	Plant Density
<i>Aira caryophyllea</i>	1
<i>Anthoxanthum odorat</i>	1
<i>Campylopus introflex</i>	2
<i>Carex muricata</i>	1
<i>Dicranum scoparium</i>	1
<i>Festuca ovina</i>	40
<i>Galium saxatile</i>	5
<i>Galium verum</i>	1

<i>Holcus lanatus</i>	2
<i>Lotus corniculatus</i>	1
<i>Luzula multiflora</i>	5
<i>Pilosella officinarum</i>	1
<i>Potentilla anglica</i>	5
<i>Pteridium aquilinum</i>	1
<i>Rumex acetosella</i>	40
<i>Senecio jacobaea</i>	1

Location - unit number	Grid reference	Region	Author
Unit 107	TM4678968952	East Suffolk	Toby Abrehart
Agrostis capillaris heath. At western end of site. Grazed by rabbits and red deer Very occasional Pteridium aquilinum through this area, it appears to much reduced in area.		Date	Quadrat Number
		19/12/2013	109
		Altitude	Soil Depth
			0
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		10cm	
		Layers Cover	
		100%	
		Geology:	
		sandy heath	

Species list

Plant Name	Plant Density
Agrostis capillaris	40
Aira caryophyllea	1
Anthoxanthum odorat	2
Calluna vulgaris	10
Campylopus introflex	5
Cerastium fontanum	1
Festuca ovina	15
Galium saxatile	4

Hypnum cupressiform	10
Luzula multiflora	2
Pteridium aquilinum	1
Rumex acetosella	30
Senecio jacobaea	1
Veronica arvensis	1
Veronica officinalis	1

Location - unit number	Grid reference	Region	Author
Unit 107	TM4678368983	East Suffolk	Toby Abrehart
A small area of heath with well grazed grasses. Abundant rabbits and red deer in the area. Very short turf with 17 species recorded		Date	Quadrat Number
		19/12/2013	110
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		8cm	
		Layers Cover	
		100%	
		Geology:	
		sandy heath	

Species list

Plant Name	Plant Density
Aira caryophyllea	1
Anthoxanthum odorat	5
Calluna vulgaris	5
Campylopus introflex	5
Erica cinerea	5
Festuca ovina	50
Galium saxatile	3
Holcus lanatus	3

Hypnum cupressiform	2
Luzula multiflora	2
Pteridium aquilinum	1
Rumex acetosella	30
Sagina procumbens	1
Senecio jacobaea	1
Veronica arvensis	1
Veronica offinalis	2

Location - unit number Unit 107	Grid reference TM4676069014	Region East Suffolk	Author Toby Abrehart
This area of heath holds more <i>Pteridium aquilinum</i> along the north western edge. Noticable <i>Pteridium aquilinum</i> across this section of the heath. Though apparently much reduced from the recent past 		Date 19/12/2013	Quadrat Number 111
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm, 5cm	
		Layers Cover 15%85%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Aira caryophyllea</i>	1
<i>Anthoxanthum odorat</i>	10
<i>Carex muricata</i>	1
<i>Cerastium semidecand</i>	1
<i>Festuca ovina</i>	30
<i>Galium saxatile</i>	2
<i>Holcus lanatus</i>	25
<i>Luzula multiflora</i>	5

<i>Pilosella officinarum</i>	1
<i>Potentilla anglica</i>	1
<i>Pteridium aquilinum</i>	4
<i>Rumex acetosella</i>	10
<i>Senecio jacobaea</i>	1
<i>Stellaria graminea</i>	1
<i>Veronica arvensis</i>	1
<i>Veronica chamaedrys</i>	1

A photograph of a rectangular plot in a grassy field, outlined by blue rope and marked with wooden stakes. The plot is used for monitoring vegetation.

Plant Name	Plant Density
<i>Aphanes australis</i>	1
<i>Betula pendula</i>	1
<i>Centaureum erythraea</i>	1
<i>Cerastium semidecand</i>	1
<i>Cladonia fimbriata</i>	1
<i>Erodium cicutarium</i>	1
<i>Festuca ovina</i>	30
<i>Hypnum cupressiform</i>	30

Lotus corniculatus	1
Luzula multiflora	1
Myosotis discolor	1
Myosotis ramosissima	1
Ornithopus perpusillu	1
Peltigera canina	1
Poa annua	1
Poa trivialis	1

Location - unit number	Grid reference	Region	Author
Unit 107	TM4683069018	East Suffolk	Toby Abrehart
Rabbit disturbed grassland, abundant rabbit droppings. Heavily cropped some more ruderal species within this warren area.		Date	Quadrat Number
		19/12/2013	113
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		4cm	
		Layers Cover	
		100%	
		Geology:	
		sandy heath	



Species list

Plant Name	Plant Density
Agrostis capillaris	5
Aira praecox	1
Aphanes australis	5
Bare soil	20
Cerastium semidecand	15
Festuca ovina	5
Hypnum cupressiform	3
Lotus corniculatus	1

Myosotis arvensis	1
Myosotis discolor	1
Ornithopus perpusillu	1
Poa annua	1
Rumex acetosella	50
Sagina apetela	2
Trifolium arvensis	1
Urtica dioica	1

Location - unit number	Grid reference	Region	Author
Unit107	TM4687269020	East Suffolk	Toby Abrehart
Area of cleared Pteridium aquilinum and scrub with developing grassland with frequent Glechoma hederacea		Date	Quadrat Number
		19/12/2013	114
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		8cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	



Species list

Plant Name	Plant Density
<i>Agrostis capillaris</i>	15
Bare soil	2
<i>Carex muricata</i>	1
<i>Cerastium media</i>	1
<i>Cerastium semidecand</i>	1
<i>Glechoma hederacea</i>	25
<i>Holcus lanatus</i>	35
<i>Pteridium aquilinum</i>	1

<i>Rumex acetosella</i>	8
<i>Rumex crispus</i>	1
<i>Urtica dioica</i>	1
<i>Veronica arvensis</i>	1
<i>Veronica chamaedrys</i>	2
<i>Veronica officinalis</i>	1

Location - unit number Unit 107	Grid reference TM4688969045	Region East Suffolk	Author Toby Abrehart
Cleared Pteridium aquilinum from site, grassland developing 		Date 19/12/2013	Quadrat Number 115
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm,5cm	
		Layers Cover 10%90%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Cerastium fontanum	1
Glechoma hederacea	40
Holcus lanatus	40
Myosotis arvensis	1
Rumex acetosella	5
Rumex crispus	1
Rumex obtusifolius	1
Senecio jacobaea	2

Stellaria media	1
Urtica dioica	7
Verbascum thapsus	1
Veronica arvensis	1

Location - unit number Unit 107	Grid reference TM4687568992	Region East Suffolk	Author Toby Abrehart
Cleared <i>Pteridium aquilinum</i> from site in centre, this area is quickly becoming vegetated with grasses 		Date 19/12/2013	Quadrat Number 116
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm,5cm	
		Layers Cover 10%90%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Agrostis stolonifera</i>	1
<i>Anthoxanthum odorat</i>	3
<i>Holcus lanatus</i>	80
<i>Myosotis ramosissima</i>	1
<i>Pteridium aquilinum</i>	1
<i>Rumex acetosella</i>	1
<i>Stellaria media</i>	1
<i>Urtica dioica</i>	1

<i>Veronica officinalis</i>	1
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Location - unit number Unit 107	Grid reference TM4691869001	Region East Suffolk	Author Toby Abrehart
Anthoxanthum odoratum dominated grassland 		Date 15/12/2013	Quadrat Number 117
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm, 5cm	
		Layers Cover 75%25%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis vinealis	5
Anthoxanthum odorat	50
Festuca ovina	10
Galium saxatile	5
Holcus mollis	5
Pteridium aquilinum	1
Rubus sp	1
Rumex acetosella	15

Senecio jacobaea	1
Veronica chamaedrys	1
Veronica officinalis	1
Vicia lathyroides	1

A photograph of a grassy field with a blue rope boundary. A surveying instrument is visible in the foreground, and a white vehicle is partially visible in the background.

Myosotis ramosissima	1
Pteridium aquilinum	1
Rubus sp	1
Senecio jacobaea	1
Stellaria media	1
Veronica arvensis	1
Veronica chamaedrys	1
Veronica officinalis	1

Location - unit number Unit 107	Grid reference TM4692969037	Region East Suffolk	Author Toby Abrehart
Anthoxanthum odoratum grassland to north of entrance track. Some Calluna vulgaris developing in this area, with occasional Ulex europaeus. 		Date 15/12/2013	Quadrat Number 120
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Aira caryophyllea	1
Anthoxanthum odorat	60
Aphanes australis	1
Campylopus introflex	2
Centaureum erythraea	1
Cerastium fontanum	1
Cerastium semidecand	1
Cladonia fimbriata	1

Erica cinerea	1
Hypnum cupressiform	10
Luzula multiflora	2
Potentilla argentea	1
Quercus ilex	1
Rumex acetosella	35
Sagina procumbens	1
Senecio jacobaea	1

Location - unit number Unit 107	Grid reference TM4689368971	Region East Suffolk	Author Toby Abrehart
Within cleared Pteridium aquilinum in centre of site. Agrostis capillaris dominated through this section.		Date 18/06/2013	Quadrat Number 121
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Agrostis capillaris	60
Festuca ovina	10
Galium saxatile	10
Hypnum cupressiform	3
Lonicera periclymenu	1
Pteridium aquilinum	1
Rubus sp	1

Location - unit number Unit 107	Grid reference TM4686968953	Region East Suffolk	Author Toby Abrehart
An odd area of old <i>Calluna vulgaris</i> heath which has been all cut back and in a poor state, though may recover.. 		Date 15/12/2013	Quadrat Number 123
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Anthoxanthum odorat</i>	15
<i>Campylopus introflex</i>	15
<i>Erica cinerea</i>	30
<i>Galium saxatile</i>	5
<i>Hypnum cupressiform</i>	10
<i>Luzula multiflora</i>	8
<i>Pilosella officinarum</i>	1
<i>Pteridium aquilinum</i>	1

<i>Rumex acetosella</i>	10
<i>Stellaria media</i>	1
<i>Veronica officinalis</i>	1

A photograph of a field plot marked with blue rope and wooden stakes in a grassy area with trees in the background. The plot is roughly rectangular, with the blue rope tied to several wooden stakes driven into the ground. The ground is covered in green grass and some dry, brownish vegetation. In the background, there is a dense line of green trees under a clear sky.

Plant Name	Plant Density
Agrostis vinealis	5
Anthoxanthum odorat	20
Campylopus introflex	4
Erica cinerea	50
Festuca ovina	3
Galium saxatile	2
Hypnum cupressiform	4
Lotus corniculatus	1

Luzula multiflora	3
Pilosella officinarum	2
Rumex acetosella	5
Teucrium scorodonia	1
Veronica officinalis	1

Location - unit number Unit 107	Grid reference TM4686868922	Region East Suffolk	Author Toby Abrehart
Old cut back Erica cinerea heath 		Date 18/06/2013	Quadrat Number 125
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Anthoxanthum odorat	15
Bare soil	2
Campylopus introflex	1
Carex arenaria	15
Erica cinerea	35
Festuca ovina	10
Galium saxatile	10
Pseudoscleropodium	10

Rumex acetosella	1
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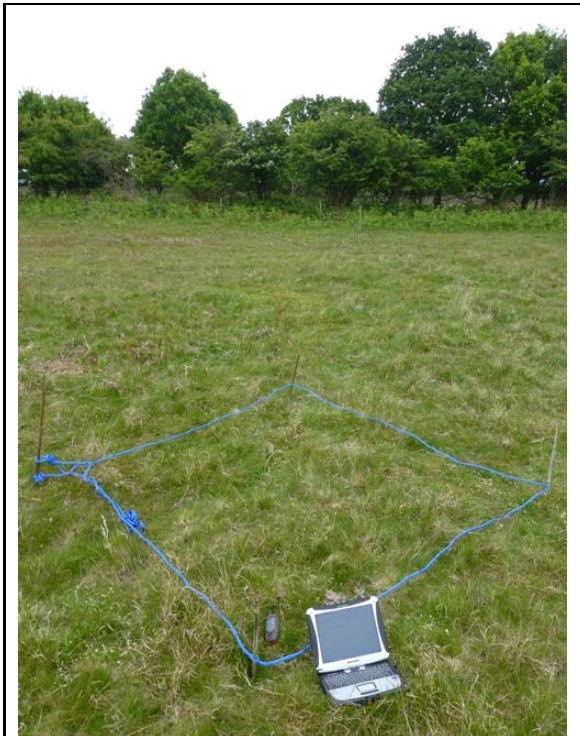
Location - unit number Unit 107	Grid reference TM4683668900	Region East Suffolk	Author Toby Abrehart
In south west of site. Large area of mixed grassland with much <i>Carex arenaria</i> throughout. Many ant hills in the area with two stone curlew strips		Date 13/12/2013	Quadrat Number 126
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Anthoxanthum odorat</i>	5
<i>Aphanes australis</i>	1
<i>Carex arenaria</i>	10
<i>Cerastium fontanum</i>	1
<i>Cerastium semidecand</i>	1
<i>Festuca ovina</i>	35
<i>Galium saxatile</i>	5
<i>Holcus lanatus</i>	1

<i>Potentilla erecta</i>	1
<i>Potentilla reptans</i>	5
<i>Pteridium aquilinum</i>	3
<i>Rumex acetosella</i>	10
<i>Veronica officinalis</i>	2

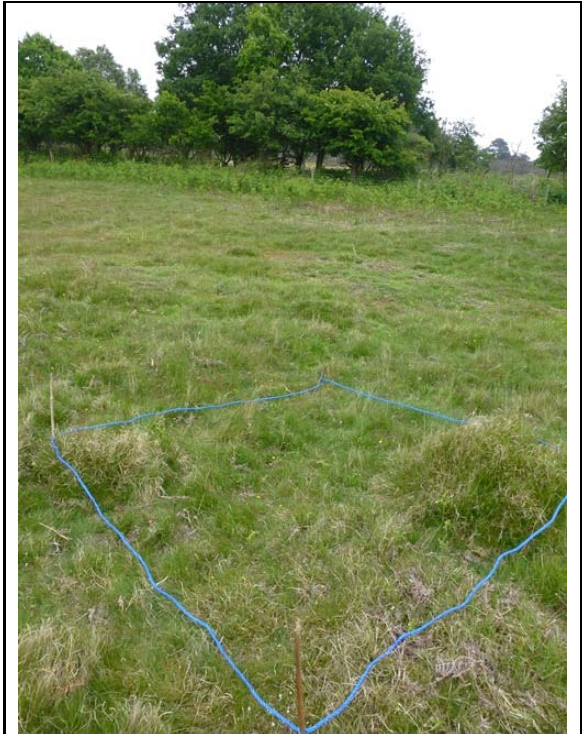
Location - unit number	Grid reference	Region	Author
Unit 107	TM4682968892	East Suffolk	Toby Abrehart
Carex arenaria grasslands to south west of site. Tussocky community towards the footpath in the south		Date	Quadrat Number
		19/12/2013	127
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		12cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	



Species list

Plant Name	Plant Density
Anthoxanthum odorat	10
Carex arenaria	20
Carex muricata	2
Festuca filiformis	0
Festuca ovina	55
Galium saxatile	5
Hypnum cupressiform	3
Pteridium aquilinum	1

Rumex acetosella	2
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Location - unit number Unit107	Grid reference TM4681368872	Region East Suffolk	Author Toby Abrehart
Carex arenaria grasslands at south west of site		Date 18/06/2013	Quadrat Number 128
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Aira caryophyllea</i>	1
<i>Anthoxanthum odorat</i>	5
<i>Aphanes australis</i>	1
<i>Carex arenaria</i>	35
<i>Cerastium fontanum</i>	1
<i>Cerastium semidecand</i>	1
<i>Festuca ovina</i>	40
<i>Galium saxatile</i>	1

Glechoma hederacea	2
Hypnum cupressiform	5
Lonicera periclymenu	1
Luzula multiflora	5
Potentilla reptans	5
Pteridium aquilinum	1
Rumex acetosella	2
Veronica officinalis	1

Case No.	Case Name	Case Type	Case Status	Case Date	Case Time	Case Location	Case Description	Case Notes	Case Comments
1	John Doe	Medical	Open	2023-01-01	10:00	Room 101	John Doe, 45 years old, male, presented with chest pain and shortness of breath. ECG showed ST-segment depression. Blood tests showed elevated troponin levels.	Initial assessment and vital signs recorded. Patient is stable and responsive.	Transfer to the cardiac catheterization lab for further evaluation and treatment.
2	Jane Smith	Medical	Closed	2023-01-02	14:30	Room 202	Jane Smith, 62 years old, female, presented with a fall and head injury. CT scan showed a small subdural hematoma. Patient was discharged on day 3.	Discharge planning initiated. Patient and family educated on home care instructions.	Follow-up appointment scheduled for 2 weeks later.
3	Michael Brown	Medical	Open	2023-01-03	08:15	Room 303	Michael Brown, 78 years old, male, presented with confusion and weakness. Blood tests showed electrolyte imbalances. Patient is currently in the ICU.	Continuous monitoring of vital signs and neurological status. IV fluids and electrolyte replacement initiated.	Consultation with neurology requested.
4	Sarah Johnson	Medical	Closed	2023-01-04	16:45	Room 404	Sarah Johnson, 34 years old, female, presented with a severe allergic reaction to a medication. Symptoms resolved after administration of antihistamines and steroids. Discharged on day 1.	Discharge planning initiated. Patient and family educated on allergen avoidance.	Follow-up appointment scheduled for 1 week later.
5	David Wilson	Medical	Open	2023-01-05	09:30	Room 505	David Wilson, 55 years old, male, presented with a deep vein thrombosis. Started on anticoagulation therapy. Patient is currently in the medical ward.	Monitoring for bleeding and signs of thrombosis. Patient is stable and responsive.	Discharge planning initiated. Patient and family educated on medication management.
6	Emily Davis	Medical	Closed	2023-01-06	11:00	Room 606	Emily Davis, 29 years old, female, presented with a urinary tract infection. Started on antibiotics. Discharged on day 2.	Discharge planning initiated. Patient and family educated on medication management.	Follow-up appointment scheduled for 1 week later.
7	Robert Miller	Medical	Open	2023-01-07	13:20	Room 707	Robert Miller, 68 years old, male, presented with a heart failure exacerbation. Started on diuretics and oxygen. Patient is currently in the medical ward.	Monitoring of vital signs and fluid status. Patient is stable and responsive.	Discharge planning initiated. Patient and family educated on medication management.
8	Lisa Anderson	Medical	Closed	2023-01-08	15:10	Room 808	Lisa Anderson, 41 years old, female, presented with a severe asthma attack. Symptoms resolved after administration of bronchodilators and steroids. Discharged on day 1.	Discharge planning initiated. Patient and family educated on asthma management.	Follow-up appointment scheduled for 1 week later.
9	James Taylor	Medical	Open	2023-01-09	07:45	Room 909	James Taylor, 72 years old, male, presented with a fall and hip fracture. Surgery was performed to repair the fracture. Patient is currently in the surgical ward.	Monitoring of vital signs and pain management. Patient is stable and responsive.	Discharge planning initiated. Patient and family educated on home care instructions.
10	Amanda White	Medical	Closed	2023-01-10	12:30	Room 1010	Amanda White, 38 years old, female, presented with a severe headache and vomiting. CT scan showed no abnormalities. Discharged on day 1.	Discharge planning initiated. Patient and family educated on home care instructions.	Follow-up appointment scheduled for 1 week later.

Plant Name	Plant Density
Bare soil	10
Claytonia perfoliata	65
Glechoma hederacea	3
Prunus cerasifera	100
Rubus sp	1
Urtica dioica	25

Location - unit number	Grid reference	Region	Author
Unit 107	TM4693669056	East Suffolk	Toby Abrehart
Crataegus monogyna scrub		Date	Quadrat Number
		18/06/2013	130
		Altitude	Soil Depth
		0	
		Stand Area	Sample Area
			10x10m
		Layers mean height	
		4.5m, 30cm, 10cm	
		Layers Cover	
		95%30%70%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Cerastium fontanum	1
Crataegus monogyna	70
Holcus lanatus	5
Myosotis arvensis	1
Poa annua	1
Pteridium aquilinum	40
Quercus robur	5
Rubus sp	5

Senecio jacobaea	1
Sorbus aucuparia	1
Stellaria media	1
Ulex europaeus	1
Urtica dioica	50
Veronica chamaedrys	1
Veronica officinalis	1

Plant Name	Plant Density
Ceratocapnos clavicul	5
Lonicera periclymenu	5
Quercus robur	30
Rosa canina	1
Rubus sp	5
Ulex europaeus	10
Ulmus minor	50

Location - unit number	Grid reference	Region	Author
Unit108	TM4695968916	East Suffolk	Toby Abrehart
Mosaic heathland with frequent Erica cinerea and abundant Calluna vulgaris at a 49% correlation		Date	Quadrat Number
		19/12/2013	133
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		30cm	
		Layers Cover	
		100%	
		Geology:	
		sandy heath	



Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	45
<i>Carex arenaria</i>	1
<i>Ceratocapnos clavicul</i>	1
<i>Erica cinerea</i>	45
<i>Festuca filiformis</i>	2
<i>Festuca ovina</i>	1
<i>Holcus lanatus</i>	1

Location - unit number	Grid reference	Region	Author
Unit108	TM4692768911	East Suffolk	Toby Abrehart
Mosaic transitional heath to grassland species poor Pteridium aquilinum community Quercus robor seedling		Date	Quadrat Number
		20/06/2013	135
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		20cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	



Species list

Plant Name	Plant Density
Calluna vulgaris	10
Carex arenaria	8
Cerastium fontanum	1
Erica cinerea	35
Festuca ovina	45
Quercus robur	1
Rumex acetosella	10

Location - unit number	Grid reference	Region	Author
Unit 108	TM4694368927	East Suffolk	Toby Abrehart
Calluna vulgaris dominated heath, in fingers of habitat extending west along slope 1 quercus robor seedling. Scattered moss species 2 in areas around the main heather heath 		Date	Quadrat Number
		20/06/2013	136
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		45cm, 5cm	
		Layers Cover	
		80%20%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	80
Erica cinerea	10
Hypnum cupressiform	10
Quercus robur	1

Location - unit number Unit 108	Grid reference TM4697268926	Region East Suffolk	Author Toby Abrehart
Calluna vulgaris dominated heath near to gorse community. Galium saxatile and grasses in the troughs between the heather communities 		Date 20/06/2013	Quadrat Number 137
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm, 10cm	
		Layers Cover 60%40%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	45
Erica cinerea	45
Festuca ovina	2
Lonicera periclymenu	2
Pteridium aquilinum	3

Location - unit number Unit 108	Grid reference TM4698368902	Region East Suffolk	Author Toby Abrehart
Area of short calluna heath, looks like there has been bracken clearance through this section.		Date 20/06/2013	Quadrat Number 138
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	50
Campylopus introflex	20
Carex pilulifera	2
Erica cinerea	20
Galium saxatile	3
Lonicera periclymenu	1
Pteridium aquilinum	4

Location - unit number Unit 108	Grid reference TM4697268889	Region East Suffolk	Author Toby Abrehart
Area of low heath - cleared bracken near to oak 20yrs old. Carex arenaria - Calluna vulgaris matrix 		Date 20/06/2013	Quadrat Number 139
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	40
Campylopus introflex	15
Carex arenaria	15
Carex pilulifera	10
Erica cinerea	20

Location - unit number Unit 108	Grid reference TM4700568910	Region East Suffolk	Author Toby Abrehart
Moss dominated heath, at the edge of the Pteridium aquilinum margin.		Date 20/06/2013	Quadrat Number 140
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Calluna vulgaris	5
Campylopus introflex	70
Erica cinerea	10
Pteridium aquilinum	10

Location - unit number Unit 108	Grid reference TM4700968921	Region East Suffolk	Author Toby Abrehart
Pteridium aquilinum only area 		Date 20/06/2013	Quadrat Number 141
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 70cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Hypnum cupressiform	30
Lonicera periclymenu	1
Pteridium aquilinum	99

Location - unit number	Grid reference	Region	Author
Unit 108	TM4694068859	East Suffolk	Toby Abrehart
Mosaic heath with abundant tree stumps, soil compacted across this middle section.		Date	Quadrat Number
		15/12/2013	142
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		25cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	



Species list

Plant Name	Plant Density
Calluna vulgaris	65
Carex arenaria	15
Erica cinerea	20
Pteridium aquilinum	1
Rubus sp	1

Location - unit number Unit 108	Grid reference TM4691968842	Region East Suffolk	Author Toby Abrehart
Mosaic transition heath near scots pine. Calluna vulgaris dominated with considerable bare soil. Ground compacted again 		Date 20/06/2013	Quadrat Number 143
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare ground	30
Calluna vulgaris	60
Carex arenaria	7
Pteridium aquilinum	2
Rubus sp	1

Location - unit number Unit 108	Grid reference TM4689768812	Region East Suffolk	Author Toby Abrehart
Transitional heath to Carex arenaria grasslands. Compact soils and dying bracken. Must have been weed wiped or sprayed at some oint recently. Heather is low 		Date 15/12/2013	Quadrat Number 144
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	55
Carex arenaria	35
Dicranum scoparium	14

Location - unit number Unit 108	Grid reference TM4685168799	Region East Suffolk	Author Toby Abrehart
Vegetation within a small trough in the heath. Low mixed community leading through the heathers. Carex arenaria and Calluna vulgaris dominated. Betula seedlings 		Date 20/06/2013	Quadrat Number 145
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 100%	
		Geology: sandy compacted soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	40
Campylopus introflex	8
Carex arenaria	25
Carex pilulifera	30
Festuca filiformis	3
Rumex acetosella	3

Case No.	Case Name	Case Type	Case Status	Case Date	Case Time	Case Location	Case Description	Case Notes	Case Comments
1	John Doe	Medical	Open	2023-01-01	10:00	Room 101	John Doe, 45 years old, male, presented with chest pain and shortness of breath. Vital signs: BP 120/80, HR 95, RR 20, SpO2 98%.	ECG showed sinus tachycardia. Chest X-ray showed clear lung fields.	Admitted to the medical ward for further observation and treatment.
2	Jane Smith	Medical	Closed	2023-01-02	11:30	Room 102	Jane Smith, 32 years old, female, presented with a fever and cough. Vital signs: BP 110/70, HR 80, RR 18, SpO2 95%.	ECG showed normal sinus rhythm. Chest X-ray showed infiltrates in the right lung.	Discharged on antibiotics and cough syrup. Follow-up in 2 weeks.
3	Michael Brown	Medical	Open	2023-01-03	14:15	Room 103	Michael Brown, 60 years old, male, presented with dizziness and weakness. Vital signs: BP 130/90, HR 100, RR 22, SpO2 96%.	ECG showed sinus tachycardia. Chest X-ray showed clear lung fields.	Admitted to the medical ward for further observation and treatment.
4	Sarah Johnson	Medical	Closed	2023-01-04	16:45	Room 104	Sarah Johnson, 28 years old, female, presented with a headache and nausea. Vital signs: BP 100/60, HR 70, RR 16, SpO2 97%.	ECG showed normal sinus rhythm. Chest X-ray showed clear lung fields.	Discharged on painkillers and anti-nausea medication. Follow-up in 1 week.
5	David Wilson	Medical	Open	2023-01-05	09:30	Room 105	David Wilson, 55 years old, male, presented with chest pain and sweating. Vital signs: BP 140/100, HR 110, RR 24, SpO2 94%.	ECG showed ST-segment elevation. Chest X-ray showed clear lung fields.	Admitted to the medical ward for further observation and treatment.
6	Emily Davis	Medical	Closed	2023-01-06	12:00	Room 106	Emily Davis, 38 years old, female, presented with a fever and chills. Vital signs: BP 115/75, HR 85, RR 19, SpO2 96%.	ECG showed sinus tachycardia. Chest X-ray showed infiltrates in the left lung.	Discharged on antibiotics and fever reducers. Follow-up in 2 weeks.
7	Robert Miller	Medical	Open	2023-01-07	15:20	Room 107	Robert Miller, 70 years old, male, presented with confusion and weakness. Vital signs: BP 125/85, HR 90, RR 21, SpO2 97%.	ECG showed sinus tachycardia. Chest X-ray showed clear lung fields.	Admitted to the medical ward for further observation and treatment.
8	Lisa Anderson	Medical	Closed	2023-01-08	17:00	Room 108	Lisa Anderson, 42 years old, female, presented with a headache and dizziness. Vital signs: BP 105/65, HR 75, RR 17, SpO2 98%.	ECG showed normal sinus rhythm. Chest X-ray showed clear lung fields.	Discharged on painkillers. Follow-up in 1 week.
9	James Taylor	Medical	Open	2023-01-09	08:45	Room 109	James Taylor, 65 years old, male, presented with chest pain and shortness of breath. Vital signs: BP 135/95, HR 105, RR 23, SpO2 95%.	ECG showed sinus tachycardia. Chest X-ray showed clear lung fields.	Admitted to the medical ward for further observation and treatment.
10	Michelle White	Medical	Closed	2023-01-10	13:10	Room 110	Michelle White, 35 years old, female, presented with a fever and cough. Vital signs: BP 110/70, HR 80, RR 18, SpO2 96%.	ECG showed sinus tachycardia. Chest X-ray showed infiltrates in the right lung.	Discharged on antibiotics and cough syrup. Follow-up in 2 weeks.

Plant Name	Plant Density
Bare soil	8
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	35
<i>Campylopus introflex</i>	15
<i>Carex arenaria</i>	35
<i>Carex pilulifera</i>	1
<i>Erica cinerea</i>	3
<i>Rumex acetosella</i>	2

Location - unit number Unit 108	Grid reference TM4682668803	Region East Suffolk	Author Toby Abrehart
Western end of unit 108. At bottom of slope. Transitional grassland heath dominated with <i>Carex arenaria</i> and <i>Calluna vulgaris</i> . The western boundary is dominated with Dense <i>Pteridium</i> and <i>Crataegus monogyna</i> along the hedges. 38% 		Date 15/12/2013	Quadrat Number 147
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	35
<i>Carex arenaria</i>	35
<i>Carex pilulifera</i>	3
<i>Pteridium aquilinum</i>	1
<i>Rumex acetosella</i>	15

Location - unit number	Grid reference	Region	Author
Unit108	TM4682568818	East Suffolk	Toby Abrehart
Small area of grassland with Teucrium scordonia and Agrostis capillaris		Date	Quadrat Number
		15/12/2013	148
		Altitude	Soil Depth
		Stand Area	Sample Area
		3x6m	2x2m
		Layers mean height	
		25	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	
			

Species list

Plant Name	Plant Density
<i>Agrostis vinealis</i>	30
<i>Carex arenaria</i>	10
<i>Carex pilulifera</i>	5
<i>Festuca ovina</i>	25
<i>Galium saxatile</i>	10
<i>Holcus lanatus</i>	3
<i>Lonicera periclymenu</i>	1
<i>Rumex acetosella</i>	2

<i>Teucrium scorodonia</i>	35
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Location - unit number Unit 108	Grid reference TM4688068853	Region East Suffolk	Author Toby Abrehart
Carex arenaria dominated grassland, dense vegetation across a large portion of the south western end of the unit		Date 19/12/2013	Quadrat Number 149
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Carex arenaria	85
Ceratocapnos clavicul	11
Lonicera periclymenu	2
Rubus sp	1
Veronica officinalis	1

Location - unit number Unit 108	Grid reference TM4690268877	Region East Suffolk	Author Toby Abrehart
Carex arenaria dominated grasslands on the western slope. Here there is more of an are with Festuca ovina and some Agrostis capillaris 		Date 20/06/2013	Quadrat Number 150
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis vinealis	7
Carex arenaria	72
Cerastium fontanum	1
Ceratocapnos clavicul	1
Festuca ovina	15
Galium saxatile	1
Luzula multiflora	2
Rumex acetosella	1

Location - unit number	Grid reference	Region	Author
Unit108	TM4693868895	East Suffolk	Toby Abrehart
Carex arenaria dominated grassland at top of slope		Date	Quadrat Number
		20/06/2013	151
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		25	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	1
<i>Carex arenaria</i>	94
<i>Ceratocarpus claviculatus</i>	2
<i>Erica cinerea</i>	1
<i>Lonicera periclymenum</i>	2

Location - unit number Unit 108	Grid reference TM4696868942	Region East Suffolk	Author Toby Abrehart
Gorse dominated area of heath, scattered Betula within the main body of this habitat. Occasional dead Betula pendula. 45% 		Date 15/12/2013	Quadrat Number 152
		Altitude	Soil Depth
		Stand Area	Sample Area 5x5m
		Layers mean height 2m	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	1
Erica cinerea	1
Festuca filiformis	1
Festuca ovina	1
Pteridium aquilinum	5
Rumex acetosella	1
Ulex europaeus	90

Location - unit number Unit 108	Grid reference TM4698568933	Region East Suffolk	Author Toby Abrehart
Gorse dominated heath with abundant <i>Pteridium aquilinum</i>		Date 20/06/2013	Quadrat Number 153
		Altitude	Soil Depth
		Stand Area	Sample Area 5x5m
		Layers mean height 2.2m	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Ceratocarpus clavicul</i>	1
<i>Lonicera periclymenu</i>	2
<i>Pteridium aquilinum</i>	35
<i>Ulex europaeus</i>	60

A photograph showing a dense field of green ferns in the foreground, growing from a bed of dry, brownish grass and twigs. In the background, there is a line of trees and shrubs, including a prominent tall, thin tree with a white trunk. The sky is overcast and grey.

Plant Name	Plant Density
<i>Betula pendula</i>	1
<i>Ceratocapnos clavicul</i>	1
<i>Holcus lanatus</i>	1
<i>Lonicera periclymenu</i>	2
<i>Pteridium aquilinum</i>	95

Species list

Plant Name	Plant Density
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	3
<i>Erica cinerea</i>	2
<i>Lonicera periclymenu</i>	1
<i>Pteridium aquilinum</i>	90
<i>Rubus</i> sp	1

Location - unit number Unit 108	Grid reference TM4704168832	Region East Suffolk	Author Toby Abrehart
Mature heathland surrounds this quadrat, the main area of this quadrat was within an area of land that was restored in the last few years and was vegetating well and achieving an H8a community		Date 19/12/2013	Quadrat Number 157
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Calluna vulgaris	60
Campylopus introflex	5
Erica cinerea	30
Ulex gallii	5

Location - unit number Unit 108	Grid reference TM4703868792	Region East Suffolk	Author Toby Abrehart
Area of land recently cleared of scrub. Developing heathland 		Date 20/06/2013	Quadrat Number 158
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare soil	15
Calluna vulgaris	65
Campylopus introflex	5
Campylopus introflex	1
Cerastium fontanum	1
Cerastium semidecand	1
Erica cinerea	5
Filago vulgaris	1

Pinus sylvestris	1
Poa annua	1
Senecio viscosus	1
Ulex gallii	3
Vulpia bromoides	1

Location - unit number Unit 108	Grid reference TM4702768763	Region East Suffolk	Author Toby Abrehart
This area is recovering from a bit scrub clearance, resulting in an several areas of low developing heathland. In these areas that are being restored, there are several areas about 2m² that are mostly bare soils and mosses. In particular these surround sites that held the larger trees.		Date 19/12/2013	Quadrat Number 159
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 100%	
		Geology: sandy soils compacted	
			

Species list

Plant Name	Plant Density
Bare soil	9
Calluna vulgaris	85
Campylopus introflex	5
Erica cinerea	1

Location - unit number Unit 108	Grid reference TM4702968755	Region East Suffolk	Author Toby Abrehart
Older heather communities, <i>Calluna vulgaris</i> dominated, frequent <i>Ulex gallii</i>. Nearby there are obvious stumps of trees that have been removed. 		Date 19/12/2013	Quadrat Number 160
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 55cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	75
<i>Campylopus introflex</i>	50
<i>Erica cinerea</i>	35

Location - unit number Unit 108	Grid reference TM4697768758	Region East Suffolk	Author Toby Abrehart
Older heath communities, halfway down slope. Still scattered areas of cleared land where the dominant vegetation around the tree stumps is Rumex acetosella.. Ulex gallii is widely distributed through this area of the site, though thin on the ground. Abundant Red Deer dropping 63% 		Date 15/12/2013	Quadrat Number 161
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 40cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	55
Campylopus introflex	10
Erica cinerea	15
Ulex gallii	25
Vulpia bromoides	1

Location - unit number Unit 108	Grid reference TM4698168752	Region East Suffolk	Author Toby Abrehart
Area of more open ground, part of the cleared sections of the unit. Bare ground with some Erica tetralix forming a large stand within the area. There were several other stands in the area. Must be damper than surrounding areas 		Date 19/12/2013	Quadrat Number 162
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm	
		Layers Cover 100%	
		Geology: sandy soils compacted	

Species list

Plant Name	Plant Density
Bare soil	2
Calluna vulgaris	50
Campylopus introflex	15
Campylopus introflex	10
Erica cinerea	2
Erica tetralix	10
Juncus effusus	1
Rumex acetosella	10

Plant Name	Plant Density
<i>Agrostis vinealis</i>	1
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	50
<i>Campylopus introflex</i>	1
<i>Campylopus introflex</i>	6
<i>Cirsium vulgare</i>	1
<i>Erica cinerea</i>	40

Location - unit number Unit 108	Grid reference TM4711968709	Region East Suffolk	Author Toby Abrehart
Gorse scrub at southern side of site, fragmented and with poor structure. 		Date 19/12/2013	Quadrat Number 164
		Altitude	Soil Depth
		Stand Area	Sample Area 5x5m
		Layers mean height 2.0m, 50cm, 0mm	
		Layers Cover 45%55%100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Campylopus introflex	20
Lonicera periclymenu	1
Pteridium aquilinum	2
Rubus sp	1
Ulex europaeus	90

A photograph of a grassy hillside covered in dense vegetation, including ferns and shrubs. A blue rope is strung across the slope, forming a rectangular boundary. The background shows a line of trees under a bright sky.

Plant Name	Plant Density
<i>Calluna vulgaris</i>	60
<i>Campylopus introflex</i>	20
<i>Erica cinerea</i>	20
<i>Pinus sylvestris</i>	1
<i>Pteridium aquilinum</i>	5

Location - unit number Unit 108	Grid reference TM4713068763	Region East Suffolk	Author Toby Abrehart
Area of tree removal, reverting into heathland again. Betula seedlings in surrounding land not in this sample, the areas around the old tree stumps have considerable bare soils with limited amounts of mosses. In general the cleared areas are dominated with low <i>Calluna vulgaris</i> and <i>Ulex gallii</i> 		Date 19/12/2013	Quadrat Number 166
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm	
		Layers Cover 100%	
		Geology: sandy soils compacted	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	75
<i>Campylopus introflex</i>	5
<i>Dicranum scoparium</i>	5
<i>Erica cinerea</i>	15
<i>Ulex gallii</i>	10

Location - unit number Unit 108	Grid reference TM4714368803	Region East Suffolk	Author Toby Abrehart
Area of old established heath on the top of the rise. Uniform habitat through this section with the exception of more mosses as part of the communities. Ulex gallii is less abundant through the top of the site though still present every 10 meters or so. Much of the Calluna through here is tall old and a bit scraggly. 		Date 15/12/2013	Quadrat Number 167
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	65
Erica cinerea	30
Pseudoscleropodium	65
Ulex europaeus	2
Ulex gallii	3

Location - unit number Unit 108	Grid reference TM4716768876	Region East Suffolk	Author Toby Abrehart
There are several slight hollow in the top section of the site. It is in these that there is a much greater abundance of <i>Ulex gallii</i>. 		Date 21/06/2013	Quadrat Number 168
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 40cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	70
<i>Erica cinerea</i>	15
<i>Hypnum cupressiform</i>	35
<i>Ulex gallii</i>	25

Location - unit number Unit 108	Grid reference TM4721268882	Region East Suffolk	Author Toby Abrehart
Top of site, Ulex gallii a major contributor to the habitat. Churing Nightjar nearby. Scattered Scots Pine and occasional bushes of Ulex europea 		Date 21/06/2013	Quadrat Number 169
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 40cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	60
Erica cinerea	10
Hypnum cupressiform	40
Teucrium scorodonia	5
Ulex gallii	20

Location - unit number Unit 108	Grid reference TM4726268862	Region East Suffolk	Author Toby Abrehart
Area at east of site before the main work track. Still Ulex gallii dominated heath. 10 metres from the cleared runways. Plants nearby include Molinia, Galium saxatile, Holcus lantana, Poa trivialis, and Festuca ovina, though all at very low densities Area of rabbit burrow to the east of this quadrat 		Date 19/12/2013	Quadrat Number 170
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	65
Campylopus introflex	10
Cerastium fontanum	1
Erica cinerea	10
Holcus lanatus	1
Hypnum cupressiform	40
Rubus sp	1
Stellaria pallida	1

Ulex gallii	5
Urtica dioica	1
Veronica officinalis	1
Vulpia bromoides	2

Location - unit number	Grid reference	Region	Author
Unit 108	TM4727568845	East Suffolk	Toby Abrehart
Nightjar runways, areas of cleared heath. Species poor mostly bare soils 		Date	Quadrat Number
		19/12/2013	171
		Altitude	Soil Depth
		Stand Area	Sample Area
			2X2m
		Layers mean height	
		2cm	
		Layers Cover	
		100%	
		Geology:	
		Compacted sandy soils	

Species list

Location - unit number Unit 108	Grid reference TM4728468806	Region East Suffolk	Author Toby Abrehart
Nightjar runway, mostly bare soils with old heathland either side.		Date 21/06/2013	Quadrat Number 172
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 1cm	
		Layers Cover 100%	
		Geology: Compacted sandy soils	
			

Species list

Plant Name	Plant Density
Bare soil	97
Calluna vulgaris	2
Pinus sylvestris	1

Location - unit number Unit 108	Grid reference TM4729068800	Region East Suffolk	Author Toby Abrehart
Area to south of forth runway. Area has been cleared of some conifers and must be slightly damp. Patches of Erica tetralix across this area of the site. 		Date 19/12/2013	Quadrat Number 173
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare soil	2
Calluna vulgaris	70
Erica tetralix	25
Hypnum cupressiform	30
Small starry moss	15

Location - unit number	Grid reference	Region	Author
Unit 108	TM4722168799	East Suffolk	Toby Abrehart
Nightjar runway, bare soils limited vegetation. Norfolk Hawker patrolling		Date	Quadrat Number
		21/06/2013	174
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		3cm	
		Layers Cover	
		100%	
		Geology:	
		compacted sandy soils	



Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	12
Ulex gallii	10

Location - unit number	Grid reference	Region	Author
Unit 108	TM4720568780	East Suffolk	Toby Abrehart
Betula woodland, mixed with young Quercus robur trees. Very limited understorey. Pteridium aquilinum only. 42%		Date	Quadrat Number
		15/12/2013	175
		Altitude	Soil Depth
		Stand Area	Sample Area
			10x10m
		Layers mean height	
		6.5m, 30cm, 0mm	
		Layers Cover	
		100%10%90%	
		Geology:	
		peaty sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	60
Pteridium aquilinum	30
Quercus robur	40

Location - unit number Unit 108	Grid reference TM4724568714	Region East Suffolk	Author Toby Abrehart
Betula woodland. One sweet chestnut standard at southern edge of site. 		Date 21/06/2013	Quadrat Number 176
		Altitude	Soil Depth
		Stand Area	Sample Area 10x10m
		Layers mean height 8m, 30cm, 0mm	
		Layers Cover 100%10%90%	
		Geology: peaty sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	100
Deschampsia cespitos	1
Lonicera periclymenu	4
Pteridium aquilinum	95

Location - unit number Unit 108	Grid reference TM4729868705	Region East Suffolk	Author Toby Abrehart
Cleared woodland site, Pteridium aquilinum dominated habitat with occasional Oak and Betula Digitalis nearby 		Date 21/06/2013	Quadrat Number 177
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm, 10cm	
		Layers Cover 20%80%	
		Geology: peaty sandy soils	

Species list

Plant Name	Plant Density
Bare soil	5
Campylopus introflex	10
Carex arenaria	5
Holcus lanatus	10
Large tree stump	0
Lonicera periclymenu	20
Pteridium aquilinum	50

Location - unit number Unit 108	Grid reference TM4730968771	Region East Suffolk	Author Toby Abrehart
Damp eastern side of site, Deschampsia caespitosa sites with Erica tetralix 		Date 19/12/2013	Quadrat Number 178
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm, 10cm	
		Layers Cover 50%50%	
		Geology: peaty sandy damp soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	35
Deschampsia cespitos	50
Erica cinerea	1
Erica tetralix	15
Hypnum cupressiform	30
Pinus sylvestris	1

Location - unit number Unit 108	Grid reference TM4728468769	Region East Suffolk	Author Toby Abrehart
Damp heath with frequent Erica tetralix. Scattered Betula trees around, obvious clearing and compaction of soils here 		Date 21/06/2013	Quadrat Number 179
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm	
		Layers Cover 100%	
		Geology: peaty damp sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	5
Calluna vulgaris	60
Deschampsia cespitos	25
Erica tetralix	10
Holcus lanatus	1
Hypnum cupressiform	15

Location - unit number Unit 108	Grid reference TM4725968761	Region East Suffolk	Author Toby Abrehart
Western end of damp heath, occasional Scots pine 8m from woodland edge. Small area of <i>Deschampsia caespitosa</i> and some <i>Rumex acetosella</i>. 		Date 19/12/2013	Quadrat Number 180
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 55cm, 25cm, 5cm	
		Layers Cover 35%55%30%	
		Geology: damp compacted sandy soils	

Species list

Plant Name	Plant Density
Bare soil	10
<i>Calluna vulgaris</i>	40
<i>Deschampsia cespitos</i>	1
<i>Erica tetralix</i>	5
<i>Hypnum cupressiform</i>	10
<i>Juncus effusus</i>	35
<i>Rubus</i> sp	1
<i>Salix cinerea</i> subsp. Ci	1

Location - unit number	Grid reference	Region	Author
Unit108	TM4731068858	East Suffolk	Toby Abrehart
Edge of cleared woodland, this is the belt of woodland left. Betula dominated with occasional Crataegus monogyna, Understorey of Pteridium aquilinum and Teucrium scordonia 34%		Date	Quadrat Number
		19/12/2013	181
		Altitude	Soil Depth
		Stand Area	Sample Area
			10x10m
		Layers mean height	
6m, 50cm, 20cm			
Layers Cover			
100%30%60%			
Geology:			
Peaty			



Species list

Plant Name	Plant Density
Betula pendula	30
Calluna vulgaris	1
Crataegus monogyna	10
Glechoma hederacea	1
Holcus lanatus	2
Poa annua	1
Poa trivialis	20
Prunus cerasifera	1

Pteridium aquilinum	50
Rubus sp	5
Teucrium scorodonia	20
Ulmus minor subsp. m	30
Urtica dioica	4
Veronica chamaedrys	1

Location - unit number	Grid reference	Region	Author
Unit108	TM4728668887	East Suffolk	Toby Abrehart
Area of cleared woodland to the east of the track. Very little vegetation in this whole section, recently cleared. In last three months. Mostly bare peaty substrate 		Date	Quadrat Number
		21/06/2013	182
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		5cm	
		Layers Cover	
		100%	
		Geology:	
		peaty loose soil	

Species list

Plant Name	Plant Density
Holcus lanatus	10
Luzula multiflora	5
Pteridium aquilinum	8
Rubus spectabilis	1

[illegible]

Plant Name	Plant Density
Bare sand	20
Carex arenaria	35
Ceratocapnos clavicul	2
Lonicera periclymenu	2
Pteridium aquilinum	10

Location - unit number Unit 108	Grid reference TM4724768939	Region East Suffolk	Author Toby Abrehart
Ulex gallii heath, with abundant Calluna vulgaris. Low growing sward with developing Carex arenaria nearby. Some small bare areas with patches of Aira praecox and Rumex acetosella		Date 21/06/2013	Quadrat Number 184
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Agrostis capillaris	1
Calluna vulgaris	50
Carex pilulifera	1
Erica cinerea	40
Hypnum cupressiform	30
Luzula multiflora	1
Rumex acetosella	1
Ulex gallii	10

Location - unit number	Grid reference	Region	Author
Unit 108	TM4724668953	East Suffolk	Toby Abrehart
Area of mixed <i>Calluna vulgaris</i> heath with abundant <i>Carex arenaria</i>. Very similar to the areas to the west of this unit. Some tree clearance to the east with brash still on the ground Some of the calluna in this area has been crushed by machinery but shows signs of regeneration. 		Date	Quadrat Number
		15/12/2013	185
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		10cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	55
<i>Carex arenaria</i>	40
<i>Hypnum cupressiform</i>	30

Location - unit number	Grid reference	Region	Author
Unit 108	TM4725268961	East Suffolk	Toby Abrehart
Carex arenaria sand dune community. Dominated with C. arenaria, though this particular patch is more diverse than the pure Carex arenaria quadrats nearby. 		Date	Quadrat Number
		21/06/2013	186
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		8cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Agrostis capillaris	1
Betula pendula	3
Calluna vulgaris	2
Carex arenaria	70
Carex pulicaris	5
Cerastium fontanum	1
Deschampsia flexuosa	1
Erica cinerea	1

Galium saxatile	4
Holcus lanatus	3
Hypnum cupressiform	10
Luzula multiflora	1
Rumex acetosella	1
Sorbus aucuparia	1
Veronica chamaedrys	11
Veronica officinalis	1

Location - unit number	Grid reference	Region	Author
Unit 108	TM4719968937	East Suffolk	Toby Abrehart
Carex arenaria dominated community. Near cleared gulley. Track to the south recovering with carex arenaria and holcus lantatnana.. At western end of pit tree brash had been burnt. The gulley itself is dominated with Pteridium and Cerato clav>.		Date	Quadrat Number
		21/06/2013	187
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		10cm	
		Layers Cover	
		100%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Aira praecox	1
Bare sand	20
Betula pendula	2
Carex arenaria	70
Ceratocapnos clavicul	1
Holcus lanatus	1
Lonicera periclymenu	1
Poa annua	1

Pteridium aquilinum	1
Vulpia bromoides	1

Location - unit number	Grid reference	Region	Author
Unit108	TM4713168957	East Suffolk	Toby Abrehart
Cleared Birch and Larch woodland. Dominated with Pteridium and Cerat clay Not much brash through this area but numerous tree trucks. 		Date	Quadrat Number
		21/06/2013	188
		Altitude	Soil Depth
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		15cm	
		Layers Cover	
		100%	
		Geology:	
		peaty sandy soils	

Species list

Plant Name	Plant Density
Bare peaty soil	90
Calluna vulgaris	1
Ceratocapnos clavicul	4
Pteridium aquilinum	5

Location - unit number Unit 108	Grid reference TM4712568911	Region East Suffolk	Author Toby Abrehart
Ulex gallii heath at northern edge of heathland. Ulex gallii more dominant in the trough running through the site as to the tops of the ridges. 		Date 21/06/2013	Quadrat Number 189
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	60
Hypnum cupressiform	45
Quercus robur	1
Ulex gallii	35

Location - unit number Unit 108	Grid reference TM4709768945	Region East Suffolk	Author Toby Abrehart
Within cleared woodland, mostly cleared soils, very little vegetation as yet. 		Date 15/12/2013	Quadrat Number 190
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm	
		Layers Cover 100%	
		Geology: peaty soils	

Species list

Plant Name	Plant Density
Galium aparine	1
Lonicera periclymenu	1
Pteridium aquilinum	5
Silene dioica	1
Ulex europaeus	1
Veronica officinalis	1

Location - unit number Unit 108	Grid reference TM4705768977	Region East Suffolk	Author Toby Abrehart
Cleared woodland, cleared of mostly Larch. Abundant large brash on the ground. Very little vegetation, thick dry friable thatch throughout this section of the old woodland There is abundant germination of Oak seedling throughout.> 		Date 21/06/2013	Quadrat Number 191
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm	
		Layers Cover 100%	
		Geology: peaty soils	

Species list

Plant Name	Plant Density
Ceratocapnos clavicul	60
Galeopsis tetrahit	1
Pteridium aquilinum	5

Location - unit number Unit 108	Grid reference TM4706568923	Region East Suffolk	Author Toby Abrehart
Area of Ulex europea east of footpath. Very limited vegetation other than Ulex europeaus and Pteridium aquilinum 		Date 19/12/2013	Quadrat Number 192
		Altitude	Soil Depth
		Stand Area	Sample Area 5x5m
		Layers mean height 1.6m, 50cm, 0mm	
		Layers Cover 50%10%30%	
		Geology: Peaty soils	

Species list

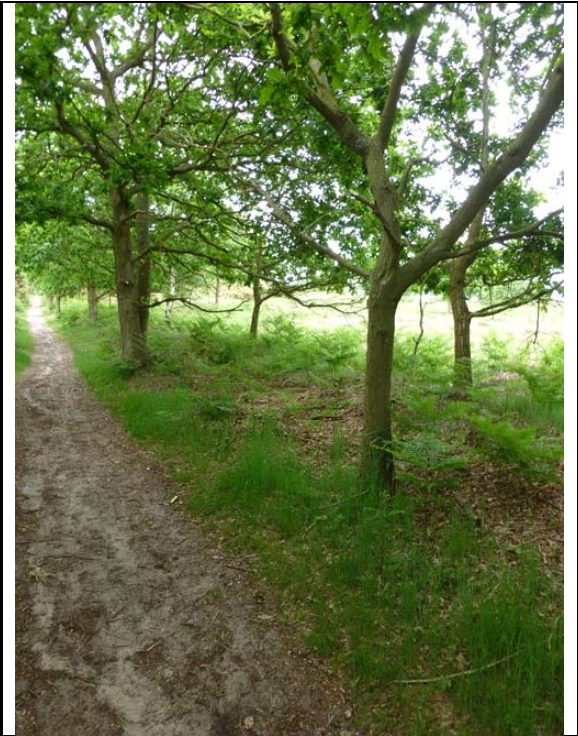
Plant Name	Plant Density
Bare soil	15
Betula pendula	5
Carex arenaria	1
Lonicera periclymenu	1
Pteridium aquilinum	10
Ulex europaeus	65

Location - unit number Unit 108	Grid reference TM4706168903	Region East Suffolk	Author Toby Abrehart
Area of disturbed soils, Species to add to list, dactylis and narrdus strictus on path edge		Date 15/12/2013	Quadrat Number 193
		Altitude	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm	
		Layers Cover 100%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Aira praecox	1
Arenaria serpyllifolia s	1
Bare soil	35
Betula pendula	1
Calluna vulgaris	50
Carex arenaria	3
Carex pulicaris	1
Cerastium fontanum	1

Chamerion angustifoli	1
Epilobium ciliatum	1
Juncus bufonius	1
Poa annua	5
Rubus sp	1
Rumex acetosella	1
Senecio jacobaea	1
Senecio viscosus	1

Location - unit number	Grid reference	Region	Author
Unit 108	TM4689768908	East Suffolk	Toby Abrehart
Oak woodland either side of the footpath running west between the units. Dominated with small oaks with a light understorey of Poa sp and Bracken 		Date	Quadrat Number
		21/06/2013	194
		Altitude	Soil Depth
		Stand Area	Sample Area
			10x10m
		Layers mean height	
		7m, 50cm, 10cm	
		Layers Cover	
		100%35%65%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Bare ground	50
Carex arenaria	0
Crataegus monogyna	30
Lonicera periclymenu	5
Poa trivialis	20
Pteridium aquilinum	30
Quercus robur	50
Rubus sp	0

Ulmus minor subsp.	15
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Location - unit number Unit35	Grid reference TM4593669627	Region East Suffolk	Author Toby Abrehart
Westleton heath NNR. West of the car park is a large area that has been treated to reduce the <i>Pteridium aquilinum</i>. This has been effective with very little regrowth across this habitat. Regeneration through here is happening with a scattering of <i>Calluna</i> and <i>Erica</i> plants, At the eastern end of the site is an area of <i>Deschampsia</i>.. It is a very moss dominated structure throughout with <i>Carex arenaria</i> being a		Date 28/06/2013	Quadrat Number 195
		Altitude 16m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm	
		Layers Cover 100%	
		Geology: sandy bsoils	
			

Species list

Plant Name	Plant Density
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	1
<i>Campylopus introflex</i>	50
<i>Carex arenaria</i>	2
<i>Carex pilulifera</i>	1
<i>Cladonia fimbriata</i>	0
<i>Erica cinerea</i>	1
<i>Festuca ovina</i>	2

<i>Molinia caerulea</i>	5
<i>Polytrichum juniperin</i>	1
<i>Pteridium aquilinum</i>	1
<i>Rumex acetosella</i>	40

Location - unit number	Grid reference	Region	Author
Unit35	TM4592469620	East Suffolk	Toby Abrehart
Small area of older establishe heath grassland, dominated with <i>Festuca ovina</i> and low level <i>Calluna vulgaris</i>. Mosses here are <i>Pseudoscleropodium purum</i> This habitat borders the path running west from the car park, with smaller areas of older taller(30cm) pathes of heather.. This grassland forms a mosaic through the centre of the main Bracken treated area. 		Date	Quadrat Number
		25/06/2013	196
		Altitude	Soil Depth
		16m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		10cm,10mm	
		Layers Cover	
		60%60%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	2
<i>Carex arenaria</i>	3
<i>Deschampsia flexuosa</i>	5
<i>Erica cinerea</i>	20
<i>Festuca ovina</i>	50
<i>Holcus lanatus</i>	1
<i>Luzula multiflora</i>	2
<i>Pseudoscleropodium</i>	50

<i>Rumex acetosella</i>	3
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Location - unit number Unit35	Grid reference TM4586369609	Region East Suffolk	Author Toby Abrehart
Area of Pteridium aquilinum treated heath. Good edeveloping grassland dominated with Deschampsia flexuosa and Festuca ovina. Occasional Carex arenaria, very little Bracken re-growth. Under adjacent Birch is scattered Cerato clay, Rubus, Lonicera and Holcus lantana. Turtle Dove calling from nearby trees. 		Date 25/06/2013	Quadrat Number 197
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm	
		Layers Cover 60%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Carex arenaria	10
Carex pilulifera	1
Deschampsia flexuosa	10
Festuca ovina	40
Luzula multiflora	10

Location - unit number Unit35	Grid reference TM4582869592	Region East Suffolk	Author Toby Abrehart
Area dominated with Pteridium aquilinum thatch and little else. The ground flora is developing with occasional heathland species scattered throughout these three sections of reduced vegetation. Within this barren section there were also occasional Holcus lanatus, Deschampsia flexuosa, Festuca ovina and Rumex acetosella. Towards the path/track the vegetation 		Date 25/06/2013	Quadrat Number 198
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 2cm	
		Layers Cover 15%	
		Geology: sandy soils under dense Bracken thatch	

Species list

Plant Name	Plant Density
Carex arenaria	1
Galium saxatile	1
Luzula multiflora	10
Pteridium thatch	87
Stellaria media	1

Location - unit number Unit35	Grid reference TM4580869639	Region East Suffolk	Author Toby Abrehart
Part of the large area of cleared Pteridium aquilinum with limited re-growth of the heathland communities. There is a similar mixed community through this area of the site. The community develops into a more Calluna rich habitat to the north adjacent to the mature Calluna heathlands.		Date 25/06/2013	Quadrat Number 199
		Altitude 13m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm	
		Layers Cover 35%	
		Geology: sandy soils with much Bracken thatch	
			

Species list

Plant Name	Plant Density
Campylopus introflex	10
Deschampsia flexuosa	10
Festuca ovina	2
Luzula multiflora	8
Polytrichum juniperin	20
Rumex acetosella	1

Location - unit number Unit35	Grid reference TM4580969654	Region East Suffolk	Author Toby Abrehart
An area being cleared of Pteridium aquilinum, where there is still some showing this summer. The dominant flora is low level Calluna vulgaris heath. Three Betula pendula trees in the centre of this patch of habitat with the tall mature heathlands to the north. 		Date 25/06/2013	Quadrat Number 200
		Altitude 13m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm,10mm	
		Layers Cover 80%50%	
		Geology: Sandy soils, compacted	

Species list

Plant Name	Plant Density
Calluna vulgaris	65
Campylopus introflex	10
Cladonia squamosa	5
Deschampsia flexuosa	5
Erica cinerea	1
Festuca ovina	1
Luzula multiflora	1
Pteridium aquilinum	1

Location - unit number Unit35	Grid reference TM4578269626	Region East Suffolk	Author Toby Abrehart
Agrostis capillaris and Festuca ovina dominated grasslands with occasional Calluna vulgaris and Erica cinerea plants foring a mosaic through much of this area. These heaters then become the dominat structures towards the centre and north of the site. Site is Rabbit grazed Species poor grassland on acid soils		Date 25/06/2013	Quadrat Number 201
		Altitude 12m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm,10mm	
		Layers Cover 75%40%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Agrostis capillaris	40
Aira praecox	1
Calluna vulgaris	2
Campylopus introflex	10
Erica cinerea	20
Festuca ovina	20
Hypnum cupressiform	15
Rumex acetosella	1

Location - unit number Unit35	Grid reference TM4573569613	Region East Suffolk	Author Toby Abrehart
Area of mosaic heath There are numerous mounds through this section which are often rabbit grazed creating a disturbed community, the most frequent species here is <i>Aira praecox</i>. To the west of this habitat is another area of establishing grasslands being restored from Bracken dominated heath. 		Date 25/06/2013	Quadrat Number 202
		Altitude 12m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm, 10mm	
		Layers Cover 65%60%	
		Geology: sandy soils compacted	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	1
<i>Campylopus introflex</i>	10
<i>Deschampsia flexuosa</i>	1
<i>Erica cinerea</i>	10
<i>Festuca filiformis</i>	1
<i>Festuca ovina</i>	50
<i>Hypnum cupressiform</i>	25
<i>Polytrichum juniperin</i>	10

<i>Rumex acetosella</i>	4
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Location - unit number	Grid reference	Region	Author
Unit35	TM4565469628	East Suffolk	Toby Abrehart
Area of developing heath after Pteridium aquilinum clearance. A strong community mosaic of Festuca ovina grasslands and Calluna heathland. A more dominant community of Deschampsia flexuosa through this southern section nearer the track.		Date	Quadrat Number
		25/06/2013	203
		Altitude	Soil Depth
		10m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		10cm,10mm	
		Layers Cover	
		70%45%	
		Geology:	
		sandy soils with overlying bracken thatch	

Species list

Plant Name	Plant Density
Calluna vulgaris	10
Carex arenaria	2
Carex pilulifera	1
Deschampsia flexuosa	25
Erica cinerea	1
Festuca ovina	30
Polytrichum juniperin	2
Pseudoscleropodium	30

Pteridium aquilinum	1
Pteridium thatch	35
Rumex acetosella	3

Location - unit number Unit35	Grid reference TM4561769649	Region East Suffolk	Author Toby Abrehart
To the north west of the track Same habitat as that to the west., a developing heath and grassland after Bracken clearance. Dominated with <i>Deschampsia flexuosa</i> and short <i>Calluna vulgaris</i>. Occassional <i>Deschampsia caespitosa</i> scattered on this side of the track. Bracken plants rare through here escept under the trees where it is still frequent. 		Date 19/12/2013	Quadrat Number 204
		Altitude 10m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm,10mm	
		Layers Cover 50%70%	
		Geology: compacted sandy soils	

Species list

Plant Name	Plant Density
<i>Deschampsia flexuosa</i>	25
<i>Dicranum scoparium</i>	0
<i>Erica cinerea</i>	1
<i>Festuca filiformis</i>	1
<i>Festuca ovina</i>	5
<i>Molinia caerulea</i>	1
<i>Pseudoscleropodium</i>	50

Location - unit number Unit35	Grid reference TM4549969674	Region East Suffolk	Author Toby Abrehart
Three metre wide strip of low <i>Calluna vulgaris</i> heathland between two fire breaks Some bare soils under the <i>Calluna</i> 		Date 15/12/2013	Quadrat Number 205
		Altitude 9m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm,	
		Layers Cover 95%	
		Geology: Compacted sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	85
<i>Festuca ovina</i>	5
<i>Holcus lanatus</i>	1
<i>Pteridium aquilinum</i>	10

Location - unit number Unit35	Grid reference TM4545869718	Region East Suffolk	Author Toby Abrehart
Area of recovering <i>Calluna vulgaris</i> heath and <i>Deschampsia</i> grasslands Bracken scattered through the site though numerous dead and dying plants are apparent throughout. Nearby <i>Galium saxatile</i>,		Date 25/06/2013	Quadrat Number 206
		Altitude 9m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 90%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	5
<i>Campylopus introflex</i>	25
<i>Molinia caerulea</i>	80
<i>Pteridium aquilinum</i>	1

Location - unit number Unit35	Grid reference TM4535469809	Region East Suffolk	Author Toby Abrehart
Molinia caerulea grasslands running east of the main fire track Scattered Bracken throughout. Though it appears to be reducing well. The bracken is encroaching into the Heather along all the edges where there was Bracken.		Date 25/06/2013	Quadrat Number 207
		Altitude 8m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm,10mm	
		Layers Cover 85%40%	
		Geology: sandy soils compacted	
			

Species list

Plant Name	Plant Density
Calluna vulgaris	5
Campylopus introflex	35
Cladonia squamosa	1
Deschampsia flexuosa	10
Erica cinerea	5
Molinia caerulea	70
Pteridium aquilinum	8

Location - unit number Unit35	Grid reference TM4539469937	Region East Suffolk	Author Toby Abrehart
Molinia caerulea grassland on north slope of heath. The area has been sprayed to reduce the Bracken cover, this has been successful to a point. The Molinia is recovering well through this section of the heath. Within this grassland are numerous Calluna plants scattered about. To the south is an are of Ulex and Bracken dominated scrub. With scattered Scots Pine and Betula pendula. 		Date 15/12/2013	Quadrat Number 208
		Altitude 8m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15cm	
		Layers Cover 80%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	2
Campylopus introflex	25
Festuca filiformis	1
Festuca ovina	1
Molinia caerulea	80
Pseudoscleropodium	20
Pteridium aquilinum	10

Location - unit number	Grid reference	Region	Author
Unit35	TM4548470053	East Suffolk	Toby Abrehart
Molinia caerulea dominated grasslands, occasional Pteridium aquilinum scattered throughout. Within the community are occasional Betula pendula, Quercus robur and Pinus sylvestris. 		Date	Quadrat Number
		25/06/2013	209
		Altitude	Soil Depth
		7m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		25	
		Layers Cover	
		95	
		Geology:	
		Sandy soils	

Species list

Plant Name	Plant Density
Dicranum scoparium	25
Grass thatch	5
Molinia caerulea	90
Pteridium aquilinum	5

Location - unit number	Grid reference	Region	Author
Unit35	TM4551970019	East Suffolk	Toby Abrehart
One of three patches of heath on this slope of the site. Old Calluna heath with an even cover of plants and a large amount of <i>Pseudoscleropodium purum</i> as the understorey. Scattered through the heath are plantsa of <i>Ulex gallii</i> and <i>Betula pendual</i> seedlings. Often leggy and trampled by Red Deer 	Date 25/06/2013	Quadrat Number 210	
	Altitude 17m	Soil Depth	
	Stand Area	Sample Area 2x2m	
	Layers mean height 45cm, 10mm		
	Layers Cover 80%50%		
	Geology: sandy soils		

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	95
<i>Pseudoscleropodium</i>	50

Location - unit number Unit35	Grid reference TM4543969948	Region East Suffolk	Author Toby Abrehart
Ulex gallii heath on the north slope of this heath. Nearly all the heath in this section to the west of the track is of this type. Low growing mostly Erica heath with abundant Ulex gallii. A mosaic with Pinus sylvestris, Betula pendula and Ulex europeus. Scattered Rhododendron, Anthyllis flix and Deschampsia scattered throughout. 		Date 25/06/2013	Quadrat Number 211
		Altitude 13m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 35cm, 10mm	
		Layers Cover 65% 70%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	10
Carex arenaria	1
Dicranum scoparium	3
Erica cinerea	65
Hypnum cupressiform	55
Ulex gallii	15

Location - unit number Unit35	Grid reference TM4550269850	Region East Suffolk	Author Toby Abrehart
Tall old Calluna heath with abundant Pseudoscleropodium purum understorey Scattered Petula pendula trees throughout with some Ulex europaeus to the northern edge. 		Date 19/12/2013	Quadrat Number 212
		Altitude 15m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 65cm, 4cm	
		Layers Cover 95%60%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	80
Erica cinerea	15
Pseudoscleropodium	65

Location - unit number Unit36	Grid reference TM4557069877	Region East Suffolk	Author Toby Abrehart
Short cut heather with numerous Nightjar runways cut through Very occassioanl Pteridium, Betula and Ulex. 		Date 25/06/2013	Quadrat Number 213
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 95%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare mud	98
Pteridium aquilinum	2

Location - unit number Unit35	Grid reference TM4563269882	Region East Suffolk	Author Toby Abrehart
Taller Calluna vulgaris heath up to 90cm high. Almost a pure stand 		Date 25/06/2013	Quadrat Number 214
		Altitude 19m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 90cm	
		Layers Cover 95%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	95
Hypnum cupressiform	50

Location - unit number Unit35	Grid reference TM4573769866	Region East Suffolk	Author Toby Abrehart
Calluna vulgaris and Erica heath at southern edge of the Betula woodland Some clearance has been carried out on this southern edge, with Calluna spreading into un-canopied new areas. Scattered Betula seedlings and Quercus robur seedlings. 		Date 15/12/2013	Quadrat Number 215
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 40cm, 10mm	
		Layers Cover 70%65%	
		Geology: sandy soils	

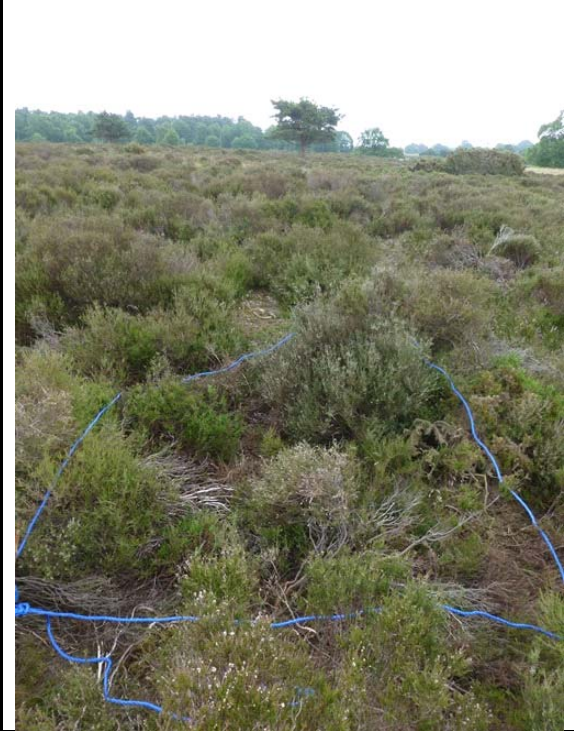
Species list

Plant Name	Plant Density
Calluna vulgaris	55
Dicranum scoparium	5
Erica cinerea	35
Hypnum cupressiform	65

Location - unit number Unit35	Grid reference TM4574569789	Region East Suffolk	Author Toby Abrehart
Old mixed Heath, tall with much collapsing throughout this large section of the heath. Dominated by <i>Calluna vulgaris</i> but with a good scattering of <i>rica cinerea</i>. In the more open areas between the main <i>Calluna vulgaris</i> scrub are a range of other species at a low density. With, <i>Deschampsia flexuosa</i>, <i>Holcus lantana</i>, <i>Rubus</i> sp, <i>Betula pendula</i>, and <i>Pinus sylvestris</i>. 		Date 19/12/2013	Quadrat Number 216
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 80cm	
		Layers Cover 70%35%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	85
<i>Deschampsia flexuosa</i>	1
<i>Erica cinerea</i>	10
<i>Festuca ovina</i>	0
<i>Hypnum cupressiform</i>	30
<i>Molinia caerulea</i>	1
<i>Rubus</i> sp	1

Location - unit number Unit35	Grid reference TM4577869738	Region East Suffolk	Author Toby Abrehart
Old mature heathland , tall with some plants collapsing throughout this large section of the site Obvious grazing by Red Deer across the site. Ulex gallii scattered throughout. There are numerous deep troughs with occasional Dryopteris dilatata and grazed mounds with only a small amount of regenerating Calluna but abundant mosses 		Date 19/12/2013	Quadrat Number 217
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 55cm,15mm	
		Layers Cover 80%40%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	75
Chamerion angustifoli	1
Deschampsia flexuosa	1
Erica cinerea	10
Pseudoscleropodium	55
Ulex gallii	10

Location - unit number Unit35	Grid reference TM4553269688	Region East Suffolk	Author Toby Abrehart
Old established heath at west of site Dominated with Calluna with a low understorey of occasional Erica cinerea. A good moss base with small areas of Cladonia scattered through the more open canopy. This whole section is a more open community than the areas to the north., very occasional Deschampsia caespitosa, Ulex 		Date 25/06/2013	Quadrat Number 218
		Altitude 12m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 45cm,15mm	
		Layers Cover 80%35%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare soil	15
Calluna vulgaris	65
Cladonia crispata	1
Cladonia fimbriata	1
Dicranum scoparium	1
Erica cinerea	15
Hypnum cupressiform	5
Polytrichum juniperin	5

Pseudoscleropodium	35
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Location - unit number	Grid reference	Region	Author
Unit35	TM4537969826	East Suffolk	Toby Abrehart
Calluna vulgaris heath, tall and leggy with some die off through the community Occassional Scots Pine in the area. There was a considerable amount of ground visable with numerous Deer droppings and signs of trampling. 		Date	Quadrat Number
		25/06/2013	219
		Altitude	Soil Depth
		14,	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		45cm,15mm	
		Layers Cover	
		85%75%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	65
Dicranum scoparium	10
Erica cinerea	30
Pseudoscleropodium	80

Location - unit number Unit35	Grid reference TM4550070111	Region East Suffolk	Author Toby Abrehart
Woodlands on the north of the site. Dominated with a <i>Betula pendula</i> canopy Understorey of a mosaic of <i>Molinia</i>, <i>Lonicera</i> and <i>Cerat clav.</i> dominating Occasional <i>Pinus sylvestris</i> scattered through. Holly is a common component of the mid shrub layer 		Date 25/06/2013	Quadrat Number 220
		Altitude 7m	Soil Depth
		Stand Area	Sample Area 10x10m
		Layers mean height 10m, 30cm, 10mm	
		Layers Cover 95%75%10%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Betula pendula</i>	95
<i>Ceratocapnos clavicul</i>	10
<i>Dicranum scoparium</i>	1
<i>Festuca filiformis</i>	1
<i>Hypnum cupressiform</i>	4
<i>Ilex aquifolium</i>	1
<i>Lonicera periclymenu</i>	15
<i>Molinia caerulea</i>	40

<i>Polytrichum juniperin</i>	1
<i>Pteridium aquilinum</i>	3
<i>Quercus robur</i>	3

Location - unit number Unit35	Grid reference TM4560670165	Region East Suffolk	Author Toby Abrehart
Betula woodland, same as Quad 113, with more Molinia to the east. Several young Betula trees dead numerous fallen branches. 		Date 25/06/2013	Quadrat Number 221
		Altitude 15m	Soil Depth
		Stand Area	Sample Area 10x10m
		Layers mean height 10m, 20cm	
		Layers Cover 90%30%	
		Geology: Sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	75
Ceratocapnos clavicul	5
Dicranum scoparium	1
Hypnum cupressiform	2
Lonicera periclymenu	10
Molinia caerulea	10
Open canopy	10
Pinus sylvestris	10

Pseudoscleropodium	3
Pteridium aquilinum	5
Quercus robur	5

Location - unit number Unit35	Grid reference TM4566070189	Region East Suffolk	Author Toby Abrehart
Betula woodland at the eastern end of this wood. Very similar throughout, but this section of the wood has a more obvious abundance of Bryophytes as a major part of the community. See bag 6. Sorbus aucuparia and pinus sylvestris seedlings in the understorey, only 20cm high. 		Date 25/06/2013	Quadrat Number 222
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 10x10m
		Layers mean height 10m, 25cm, 15mm	
		Layers Cover 80%30%40%	
		Geology: Sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	90
Calluna vulgaris	1
Ceratocarpus clavicularis	2
Leucobryum glaucum	25
Lonicera periclymenum	20
Molinia caerulea	5
Pseudoscleropodium	20
Pteridium aquilinum	1

Location - unit number Unit35	Grid reference TM4574570157	Region East Suffolk	Author Toby Abrehart
South eastern end of the wood. There is a more open canopy through this section of the wood, allowing more light in creating a more dense graound flora. It is still a species poor habitat but with some Calluna , low and depauperate. Abundant bryophytes 		Date 25/06/2013	Quadrat Number 223
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 10x10m
		Layers mean height 8m, 15cm, 15mm	
		Layers Cover 70%40%50%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	60
Campylopus introflex	2
Erica cinerea	30
Galium saxatile	2
Lonicera periclymenu	5
Molinia caerulea	1
Pseudoscleropodium	25
Pteridium aquilinum	1

Location - unit number Unit35	Grid reference TM4580770038	Region East Suffolk	Author Toby Abrehart
Molinia dominated grassland,m surrounding the grassland are several areas of retained birch woodland,with occassional Ulex and Pinus. A uniform community with scattered Carex pilufera. Also scatered through out are Cerat clav, Agro vin, Gal sax, Lonicera peri and Pteridium.		Date 25/06/2013	Quadrat Number 224
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 100%	
		Geology: Sandy soils	
			

Species list

Plant Name	Plant Density
Carex pilulifera	1
Deschampsia flexuosa	1
Molinia caerulea	98

Location - unit number Unit35	Grid reference TM4582069999	Region East Suffolk	Author Toby Abrehart
Area of developing <i>Molinia caerulea</i>, with recently cleared <i>Pteridium aquilinum</i> as is evident in the thatch layer and sparse plants. To the east of this quad, within the olinia there is a small amount of <i>Calluna</i> developing within the sward.		Date 25/06/2013	Quadrat Number 225
		Altitude 19m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm	
		Layers Cover 45%	
		Geology: Sandy soils	
			

Species list

Plant Name	Plant Density
<i>Carex pilulifera</i>	10
<i>Ceratocapnos clavicul</i>	3
<i>Festuca ovina</i>	1
<i>Molinia caerulea</i>	30
<i>Pteridium aquilinum</i>	1

Location - unit number Unit35	Grid reference TM4587869956	Region East Suffolk	Author Toby Abrehart
Area of <i>Molinia caerulea</i> grassland running between the track and the <i>Betula</i> scrubby woodland. A more diverse community, possibly a bit more damp than nearby as is indicated by the <i>Erica tetralix</i>. Nearby, <i>Stellaria graminiea</i>, <i>Cirsium arvense</i>, <i>Rubus</i> sp, and <i>Luz multi multi.catsear</i>, 		Date 25/06/2013	Quadrat Number 226
		Altitude 19m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
<i>Betula pendula</i>	1
<i>Calluna vulgaris</i>	15
<i>Erica tetralix</i>	1
<i>Luzula multiflora</i>	1
<i>Molinia caerulea</i>	75
<i>Potentilla erecta</i>	2
<i>Quercus robur</i>	1

Location - unit number	Grid reference	Region	Author
Unit35	TM4570569945	East Suffolk	Toby Abrehart
Southern woodland of the top end of the unit. Same as the other woods though a bit younger. Betula domiinated wood with the understorey of Pterid, Lonicm and some Molinia 	Date 15/12/2013	Quadrat Number 227	
	Altitude 19m	Soil Depth	
	Stand Area	Sample Area 10x10m	
	Layers mean height 8m, 60cm, 10mm		
	Layers Cover 80%60%10%		
	Geology: Sandy soils		

Species list

Plant Name	Plant Density
Betula pendula	90
Brachyhegium velutin	1
Ceratocapnos clavicul	2
Deschampsia flexuosa	1
Festuca ovina	1
Ilex aquifolium	1
Leucobryum glaucum	2
Lonicera periclymenu	15

Molinia caerulea	10
Polytrichum commune	1
Pseudoscleropodium	0
Pteridium aquilinum	15
Ulex europaeus	1

Location - unit number	Grid reference	Region	Author
Unit35	TM4563170007	East Suffolk	Toby Abrehart
Betula woodland, as previous quad		Date	Quadrat Number
		25/06/2013	228
		Altitude	Soil Depth
		18m	
		Stand Area	Sample Area
			10x10m
		Layers mean height	
		8m, 25cm, 10mm	
		Layers Cover	
		70%60%10%	
		Geology:	
		Sandy soils	



Species list

Plant Name	Plant Density
Betula pendula	80
Ceratocapnos clavicul	3
Ilex aquifolium	5
Lonicera periclymenu	2
Molinia caerulea	8
Polytrichum formosu	1
Pseudoscleropodium	1
Pteridium aquilinum	10

Location - unit number	Grid reference	Region	Author
Unit35	TM4589969797	East Suffolk	Toby Abrehart
Ulex scrub, dominated by Ulex though with some Crataegus, Sambucas, Sorbus, Betulam and the odd Quercus Short grazed grassland to the west which continues all down the track. Sorbus aucuparia has been blown down nearby. Some of it is still alive. 		Date	Quadrat Number
		15/12/2013	229
		Altitude	Soil Depth
		17m	
		Stand Area	Sample Area
			5x5m
		Layers mean height	
		1.8m	
		Layers Cover	
		100%	
		Geology:	
		Sandy soils	

Species list

Plant Name	Plant Density
Crataegus monogyna	5
Ulex europaeus	95

Location - unit number	Grid reference	Region	Author
Unit35	TM4588569764	East Suffolk	Toby Abrehart
Calluna vulgaris heath. Occasional Ulex gallii, though very scarce. Occ desc flex 		Date	Quadrat Number
		25/06/2013	230
		Altitude	Soil Depth
		17m	
		Stand Area	Sample Area
			2x2m
Layers mean height			
1m, 15mm			
Layers Cover			
95%60%			
Geology:			
sandy soils			

Species list

Plant Name	Plant Density
Calluna vulgaris	95
Erica cinerea	5
Pseudoscleropodium	60

Location - unit number Unit35	Grid reference TM4582469741	Region East Suffolk	Author Toby Abrehart
Acid grassland at the sides of the main track running through the site. Desc flex, Fest ovina dominated. 49% 		Date 15/12/2013	Quadrat Number 231
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm 10mm	
		Layers Cover 98%10%	
		Geology: Sandy soils	

Species list

Plant Name	Plant Density
Achillea millefolium	1
Agrostis capillaris	15
Calluna vulgaris	10
Deschampsia flexuosa	10
Dicranum scoparium	1
Erica cinerea	15
Festuca ovina	5
Galium saxatile	1

Hypochaeris radicata	5
Lotus corniculatus	1
Luzula multiflora	2
Poa pratensis	1
Pseudoscleropodium	30
Rumex acetosella	2

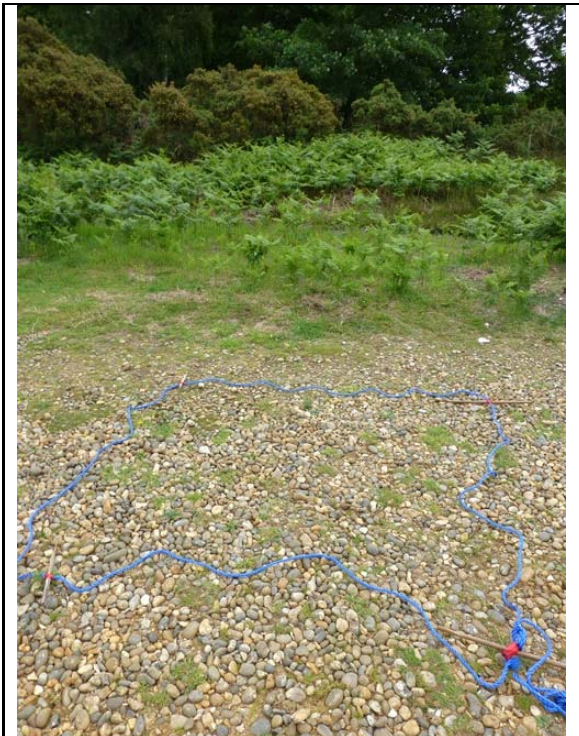
Location - unit number Unit35	Grid reference TM4596269614	Region East Suffolk	Author Toby Abrehart
Car Park. The gravel community that is the car park. OV community dominated with Plan maj.		Date 26/06/2013	Quadrat Number 232
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10mm	
		Layers Cover 40%	
		Geology: compacted gravel	
			

Species list

Plant Name	Plant Density
Bromus hordeaceus	1
Cerastium fontanum	1
Cerastium glomeratu	1
Plantago major	15
Poa annua	10
Polygonum aviculare	1
Senecio jacobaea	1
Spergularia rubra	1

Trifolium repens	1
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Location - unit number Unit35	Grid reference TM4599069611	Region East Suffolk	Author Toby Abrehart
Eastern end of the car park, more stable gravels more dense vegetation across this end of the site.		Date 15/12/2013	Quadrat Number 233
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10mm	
		Layers Cover 40%	
		Geology: compacted gravels	



Species list

Plant Name	Plant Density
Aphanes australis	1
Campylopus introflex	2
Cerastium semidecand	1
Cirsium vulgare	1
Crassula tillaea	1
Epilobium ciliatum	1
Erodium cicutarium	1
Filago vulgaris	1

Gnaphalium uliginosu	1
Holcus mollis	10
Lolium perenne	1
Medicago lupulina	1
Plantago coronopus	2
Plantago major	1
Poa annua	10
Sagina apetala	1

Location - unit number Unit35	Grid reference TM4597969657	Region East Suffolk	Author Toby Abrehart
Older track running along the eastern end of the site. An OV community, more species diverse than the main car park. Grazed compacted <i>Agrostis</i> and <i>Poa</i>s 		Date 26/06/2013	Quadrat Number 234
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10mm	
		Layers Cover 70%	
		Geology: compacted gravels	

Species list

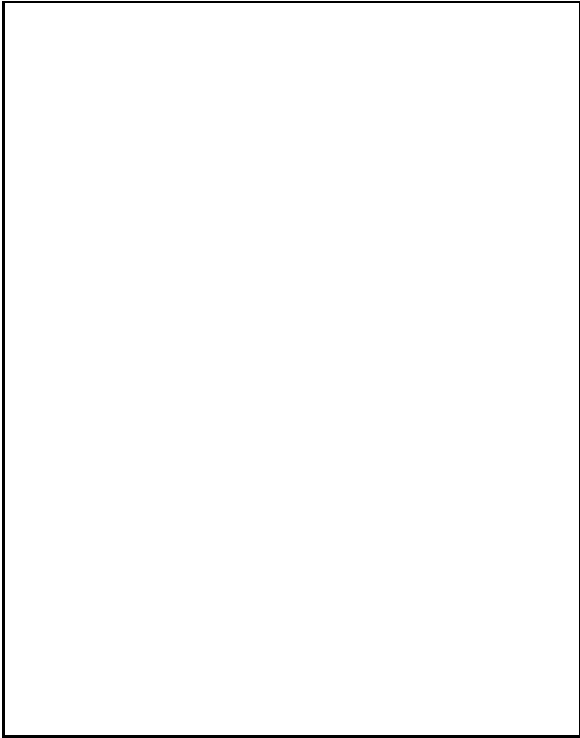
Plant Name	Plant Density
<i>Agrostis capillaris</i>	35
<i>Arenaria serpyllifolia</i> s	1
<i>Cerastium fontanum</i>	1
<i>Cerastium semidecand</i>	1
<i>Crassula tillaea</i>	1
<i>Hypochaeris glabra</i>	1
<i>Ornithopus perpusillu</i>	1
<i>Plantago coronopus</i>	2

<i>Plantago major</i>	1
<i>Poa annua</i>	10
<i>Rumex acetosella</i>	2
<i>Sagina apetala</i>	2
<i>Senecio jacobaea</i>	1
<i>Spergularia rubra</i>	1
<i>Trifolium repens</i>	1
<i>Vulpia bromoides</i>	1

Location - unit number Unit35	Grid reference TM4597069664	Region East Suffolk	Author Toby Abrehart
Along the old track to the old car parking area. Several damp depressions through here with a different OV community. 		Date 26/06/2013	Quadrat Number 235
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 15mm	
		Layers Cover 30%	
		Geology: compacted gravels	

Species list

Plant Name	Plant Density
Anagallis arvensis	3
Cirsium vulgare	1
Conopodium majus	1
Juncus bufonius	1
Plantago coronopus	1
Plantago major	1
Poa annua	10
Polygonum aviculare	1

Location - unit number	Grid reference	Region	Author
Unit35	TM4596969643	East Suffolk	Toby Abrehart
Area of old car park. Moss sp 1, pale tipped curley ended moss Dominated with this species, scattered throughout are smaller areas of encroaching Carex arenaria, Agrostis can, Molinia, Desc caes and Rum acetosella 		Date	Quadrat Number
		26/06/2013	236
		Altitude	Soil Depth
		18m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		5mm	
		Layers Cover	
		100%	
		Geology:	
		compacted sands	

Species list

Plant Name	Plant Density
Campylopus introflex	100

Location - unit number Unit35	Grid reference TM4573869511	Region East Suffolk	Author Toby Abrehart
Southern side of SSSI. East side of track, dominated with Calluna and Festuca ovina. Occ Betula seedlings. Bracken appears to have been eradicated for now, numerous remains within the community		Date 19/12/2013	Quadrat Number 238
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm,10mm	
		Layers Cover 75%40%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	55
Deschampsia flexuosa	1
Dicranum scoparium	5
Erica cinerea	5
Festuca ovina	20
Hypnum cupressiform	1
Pseudoscleropodium	35

Location - unit number Unit35	Grid reference TM4574069515	Region East Suffolk	Author Toby Abrehart
Molinia caerulea slope to west of track. Running from the roadside into the SSSI. Has been dominated with Pteridium aqu, which has been sprayed back and could do with another dose. Dense Pteridium thatch throughout this side of the slope. There is a small gulley running near to the track, in the sides of this are a small amount 		Date 26/06/2013	Quadrat Number 239
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm	
		Layers Cover 65%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Carex nigra	1
Deschampsia flexuosa	1
Festuca ovina	2
Molinia caerulea	55
Pteridium aquilinum	10
Pteridium thatch	35

Location - unit number Unit35	Grid reference TM4578469443	Region East Suffolk	Author Toby Abrehart
Small are 14m x 2m that is more dominated with Cladonia heathland. 		Date 26/06/2013	Quadrat Number 240
		Altitude 15m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 10cm,10mm	
		Layers Cover 35%80%	
		Geology: compacted sandy soils	

Species list

Plant Name	Plant Density
Aira praecox	2
Calluna vulgaris	10
Cladonia portentosa	20
Erica cinerea	15
Festuca ovina	7
Polytrichum commune	60
Rumex acetosella	3

Location - unit number Unit35	Grid reference TM4578769421	Region East Suffolk	Author Toby Abrehart
Calluna vulgaris heathland adjacent to the track. Within the Molinia here is a mosaic of Molinia and Calluna heath 		Date 26/06/2013	Quadrat Number 241
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm,10mm	
		Layers Cover 75%60%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Aira praecox	1
Calluna vulgaris	60
Carex arenaria	2
Carex pilulifera	2
Cladonia coccifera	2
Dicranum scoparium	15
Erica cinerea	15
Festuca ovina	5

Pseudoscleropodium	60
Rumex acetosella	1

Location - unit number Unit35	Grid reference TM4580269412	Region East Suffolk	Author Toby Abrehart
Middle section of the <i>Molinia caerulea</i> grasslands. A mosaic of <i>Molinia</i> and <i>Deschampsia flexuosa</i> through this more mature section of the grassland. Whereas nearly pure <i>Molinia</i> in the northern section where the <i>Pteridium</i> has been recently reduced.		Date 26/06/2013	Quadrat Number 242
		Altitude 14m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 25cm, 10mm	
		Layers Cover 95%20%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Campylopus introflexus</i>	5
<i>Carex arenaria</i>	4
<i>Carex nigra</i>	1
<i>Cladonia fimbriata</i>	0
<i>Deschampsia flexuosa</i>	50
<i>Festuca ovina</i>	20
<i>Hypnum cupressiforme</i>	25
<i>Molinia caerulea</i>	30

Location - unit number Unit35	Grid reference TM4584569418	Region East Suffolk	Author Toby Abrehart
Molinia caerulea dominated grassland at the eastern edge of the community. More heavily Deer grazed in this section. A greater amount of Carex arenaria as the slope becomes drier.		Date 26/06/2013	Quadrat Number 243
		Altitude 15m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm,10mm	
		Layers Cover 90%35%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
Carex arenaria	10
Deschampsia flexuosa	30
Festuca ovina	5
Galium saxatile	1
Molinia caerulea	45
Pseudoscleropodium	35

Location - unit number Unit35	Grid reference TM4578469329	Region East Suffolk	Author Toby Abrehart
Molinia caerulea - Calluna vulgaris mosaic. This habitat is scattered all along the margins of the Molinia community, spreading up to 3 metres into the Caluna along most of the margin. 		Date 26/06/2013	Quadrat Number 244
		Altitude 15m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm,10mm	
		Layers Cover 90%35%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare ground	10
Calluna vulgaris	25
Deschampsia flexuosa	30
Festuca ovina	5
Molinia caerulea	40
Polytrichum commune	2
Pseudoscleropodium	10

Location - unit number Unit35	Grid reference TM4577569279	Region East Suffolk	Author Toby Abrehart
Main track running up the western boundary. Mostly open track with limited vegetation. In low lying areas there are damp communities developed.		Date 15/12/2013	Quadrat Number 245
		Altitude 16m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 3cm	
		Layers Cover 20%	
		Geology: compacted sandy soils	
			

Species list

Plant Name	Plant Density
Agrostis capillaris	1
Bare gravel	80
Erica tetralix	1
Juncus squarrosus	8
Molinia caerulea	8
Poa annua	2

Location - unit number Unit35	Grid reference TM4577369225	Region East Suffolk	Author Toby Abrehart
Damp area 3 metres wide extending for 45m. Ten metres above the Scots pine -north. Erica tetralix and Juncus squa infrequent but an obvoius component of the community.		Date 26/06/2013	Quadrat Number 246
		Altitude 16m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 30cm, 5cm, 10mm	
		Layers Cover 60%35% 20%	
		Geology: Sandy soils	
			

Species list

Plant Name	Plant Density
Bare soil	5
Betula pendula	1
Calluna vulgaris	60
Erica tetralix	20
Juncus squarrosus	10

Location - unit number Unit35	Grid reference TM4581569208	Region East Suffolk	Author Toby Abrehart
A large area of heavily grazed heathland. There are a large number of <i>Calluna vulgaris</i> and <i>Erica cinerea</i> plants trampled and obvious signs of grazing through out the sward in all of this southern section of the heath Heathers often no higher than 10cm, nothing higher than 40cm. Where there is the highest grazing the heaths are all very stunted, giving rise to a more		Date 26/06/2013	Quadrat Number 247
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm, 3cm, 10mm	
		Layers Cover 25%50%70%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	10
<i>Cladonia fimbriata</i>	1
<i>Cladonia portentosa</i>	8
<i>Dicranum scoparium</i>	25
<i>Erica cinerea</i>	55
<i>Festuca ovina</i>	20
<i>Pseudoscleropodium</i>	50
<i>Rumex acetosella</i>	1

Location - unit number Unit35	Grid reference TM4578869170	Region East Suffolk	Author Toby Abrehart
Mosaic grassland heath. With small amount of Cladonia scattered in the south western corner of the gulley. 		Date 26/06/2013	Quadrat Number 248
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 20cm,5cm,10mm	
		Layers Cover 40%50%20%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	2
Cladonia fimbriata	5
Dicranum scoparium	15
Erica cinerea	40
Festuca ovina	40
Galium saxatile	1
Hypnum cupressiform	20
Rumex acetosella	1

Location - unit number	Grid reference	Region	Author
Unit35	TM4594769211	East Suffolk	Toby Abrehart
Area of Calluna vulgaris heath at southern boundary of the unit. Where the Calluna has been more heavily grazed this has allowed the Erica cinerea to become more dominant in the community. Species poor 		Date	Quadrat Number
		26/06/2013	249
		Altitude	Soil Depth
		18m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		35cm, 5cm, 10mm	
		Layers Cover	
		65%30%25%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	30
Erica cinerea	50
Festuca ovina	2
Galium saxatile	1
Hypnum cupressiform	35

Location - unit number Unit35	Grid reference TM4593569199	Region East Suffolk	Author Toby Abrehart
Area along the southern boundary which has been rabbit grazed to create a mosaic of Heath and U1 grassland. Scattered tussocks of either Calluna or Erica throughout. 		Date 15/12/2013	Quadrat Number 250
		Altitude 19m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm, 10mm	
		Layers Cover 80%20%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis capillaris	25
Agrostis vinealis	2
Calluna vulgaris	5
Carex pilulifera	1
Erica cinerea	2
Festuca ovina	35
Galium saxatile	1
Pteridium aquilinum	4

Pteridium thatch	30
Rumex acetosella	2

Location - unit number Unit35	Grid reference TM4592469247	Region East Suffolk	Author Toby Abrehart
An area of cleared Pteridium aquilinum/sprayed. It is now developing a heathland community though it has a low level of vegetation at the moment. Deep soft bracken thatch layer 		Date 26/06/2013	Quadrat Number 251
		Altitude 16m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 2cm	
		Layers Cover 30%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	1
Festuca ovina	2
Holcus lanatus	1
Luzula multiflora	1
Pteridium aquilinum	4
Rumex acetosella	30

Location - unit number Unit35	Grid reference TM4597069283	Region East Suffolk	Author Toby Abrehart
Large area of continued U1 grassland mosaic with Calluna heath. Scattered Ulex europeus. Scattered Betula pendula across this southern end of the heath 		Date 26/06/2013	Quadrat Number 252
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm, 2cm, 10mm	
		Layers Cover 20%75%30%	
		Geology: sandy soild	

Species list

Plant Name	Plant Density
Agrostis capillaris	50
Calluna vulgaris	5
Dicranum scoparium	15
Erica cinerea	10
Festuca ovina	15
Hypnum cupressiform	50
Rumex acetosella	15

Location - unit number Unit35	Grid reference TM4604169307	Region East Suffolk	Author Toby Abrehart
Calluna vulgaris festuca heath with some Deschampsia flexuosa. Heavily Rabbit grazed and considerable Red Deer grazing too. Abundant Pseudoscleropodium purum through here too Large areas to the south have Had bracken clearance carried out with the effect of a Calluna community delevoping. 		Date 26/06/2013	Quadrat Number 253
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 6cm, 10mm	
		Layers Cover 50%50%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis capillaris	15
Calluna vulgaris	25
Carex pilulifera	3
Dicranum scoparium	10
Erica cinerea	15
Festuca ovina	30
Holcus lanatus	3
Hypnum cupressiform	25

Pseudoscleropodium	40
Rumex acetosella	4

Location - unit number Unit35	Grid reference TM4607769301	Region East Suffolk	Author Toby Abrehart
Calluna vulgaris dominated area of heath that is being restored from the Pteridium aquilinum. All low growing vegetation at the moment. Within the nearby Bracken dominated heath to the south there are llarge quantities of Rumex acetosella and very limited Calluna. Scattered Carex pilifera. 		Date 26/06/2013	Quadrat Number 254
		Altitude 19m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm,100mm	
		Layers Cover 85%15%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare soil	15
Calluna vulgaris	85
Ceratocapnos clavicul	1
Deschampsia flexuosa	1
Dicranum scoparium	10
Galium saxatile	1
Hypnum cupressiform	20
Poa annua	2

Rumex acetosella	1
Stellaria pallida	1

Location - unit number	Grid reference	Region	Author
Unit35	TM4613669337	East Suffolk	Toby Abrehart
Area of cleared Pteridium aquilinum, limited thatch, appears to have held water this winter.		Date	Quadrat Number
		26/06/2013	255
		Altitude	Soil Depth
		19m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		5cm, 2cm,10mm	
		Layers Cover	
		10%60%40%	
		Geology:	
		sandy soils	



Species list

Plant Name	Plant Density
Betula pendula	1
Calluna vulgaris	15
Carex pilulifera	20
Dicranum scoparium	35
Hypnum cupressiform	20
Pteridium aquilinum	1
Rumex acetosella	55

Location - unit number Unit35	Grid reference TM4615469428	Region East Suffolk	Author Toby Abrehart
Area of cleared <i>Pteridium aquilinum</i> , part of this large area recently being restored. Becoming more moss dominant through this section with less <i>Calluna</i>		Date 26/06/2013	Quadrat Number 256
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 2cm,10mm	
		Layers Cover 45%55%	
		Geology: sandy soils	
			

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	3
<i>Campylopus introflex</i>	40
<i>Carex pilulifera</i>	10
<i>Festuca ovina</i>	4
<i>Rumex acetosella</i>	30

Location - unit number Unit35	Grid reference TM4617469424	Region East Suffolk	Author Toby Abrehart
Oak eastern margin, understorey of Pteridium and Holcus mollis, some rubus. 		Date 26/06/2013	Quadrat Number 257
		Altitude 18m	Soil Depth
		Stand Area	Sample Area 10x10m
		Layers mean height 7m, 50cm, 8cm	
		Layers Cover 95%40%60%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Crataegus monogyna	10
Holcus mollis	60
Pteridium aquilinum	40
Quercus robur	95
Rubus sp	5
Rumex acetosella	1
Sorbus aucuparia	5
Ulmus minor subsp. m	3

Location - unit number Unit35	Grid reference TM4608269427	Region East Suffolk	Author Toby Abrehart
Area of sprayed Pteridium aquilinum recovering heath. Moss dominated 		Date 26/06/2013	Quadrat Number 258
		Altitude 16m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 4cm,10mm	
		Layers Cover 40%60%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Calluna vulgaris	5
Campylopus introflex	60
Carex pilulifera	20
Erica cinerea	10
Festuca ovina	10
Rumex acetosella	40

Location - unit number	Grid reference	Region	Author
Unit35	TM4599469424	East Suffolk	Toby Abrehart
Western end of the area cleared of Pteridium aquilinum. Very similar flora here. 		Date	Quadrat Number
		26/06/2013	259
		Altitude	Soil Depth
		14m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
3cm,10mm			
Layers Cover			
60%40%			
Geology:			
sandy soils			

Species list

Plant Name	Plant Density
Calluna vulgaris	40
Campylopus introflex	40
Carex pilulifera	10
Deschampsia flexuosa	10
Dicranum scoparium	20
Festuca ovina	10
Rumex acetosella	20

Location - unit number Unit35	Grid reference TM4611069546	Region East Suffolk	Author Toby Abrehart
Small area of acid grassland at east of site. Surrounded by Ulex and Pteridium aquilinum. Heavily grazed with calluna heath scattered. 		Date 15/12/2013	Quadrat Number 260
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 2cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis capillaris	30
Dicranum scoparium	13
Erica cinerea	35
Festuca ovina	30
Galium saxatile	2
Pseudoscleropodium	70
Rumex acetosella	10

Location - unit number Unit35	Grid reference TM4612669555	Region East Suffolk	Author Toby Abrehart
Scrub vegetation at the eastern end of the site. This type is common throughout and this is a typical sample of this. Ulex europeus and Rubus sp dominated, with a backdrop of Crataegus monogyna and Sorbus aucuparia 		Date 26/06/2013	Quadrat Number 261
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 5x5m
		Layers mean height 1.5, 2.5	
		Layers Cover 40%60%	
		Geology: Sandy soils	

Species list

Plant Name	Plant Density
Dryopteris filix-mas	1
Rubus sp	30
Rumex acetosella	1
Ulex europaeus	70

Location - unit number Unit35	Grid reference TM4611269491	Region East Suffolk	Author Toby Abrehart
Area along the gulley. This northern slope has a community of Calluna erica heath with abundant grasses and mosses. The heather plants are al heavily grazed into rounded mounds. 		Date 26/06/2013	Quadrat Number 262
		Altitude 19m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 5cm	
		Layers Cover 100%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Campylopus introflex	5
Campylopus introflex	15
Cladonia portentosa	2
Erica cinerea	50
Festuca ovina	15
pseudoscleropodium	40
Rumex acetosella	5

Location - unit number Unit35	Grid reference TM4597769523	Region East Suffolk	Author Toby Abrehart
Area of Acid grassland U1. Area recently (last couple of years) cleared of Pteridium aquilinum. Successful regrowth of grassland species. 		Date 26/06/2013	Quadrat Number 263
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 8cm,10mm	
		Layers Cover 70%50%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Agrostis capillaris	55
Carex pilulifera	5
Crataegus monogyna	1
Festuca ovina	30
Galium saxatile	4
Pseudoscleropodium	30
Rumex acetosella	5

Location - unit number Unit35	Grid reference TM4595569533	Region East Suffolk	Author Toby Abrehart
Pteridium aquilinum dominated heathland, a large section of uniform habitat 		Date 26/06/2013	Quadrat Number 264
		Altitude 16m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 1m,10cm	
		Layers Cover 70%50%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Pteridium aquilinum	70
Pteridium thatch	80
Teucrium scorodonia	50

Location - unit number	Grid reference	Region	Author
Unit35	TM4591269423	East Suffolk	Toby Abrehart
Area of heathland inbetween grasslands. Very uniform habitat throughout the heath. Scattered plants of <i>Calluna</i> well grazed and trampled. Numerous paths through the habitat. A gentle covering of <i>Deschampsia flexuosa</i> across the sward. 		Date	Quadrat Number
		26/06/2013	265
		Altitude	Soil Depth
		15m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		40cm,10mm	
		Layers Cover	
		60%80%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
<i>Calluna vulgaris</i>	50
<i>Deschampsia flexuosa</i>	30
<i>Erica cinerea</i>	10
<i>Festuca ovina</i>	10
<i>Pseudoscleropodium</i>	80

Location - unit number	Grid reference	Region	Author
Unit35	TM4584669457	East Suffolk	Toby Abrehart
Calluna vulgaris heath to the north of the Molinia grasslands 		Date	Quadrat Number
		26/06/2013	266
		Altitude	Soil Depth
		18m	
		Stand Area	Sample Area
			2x2m
		Layers mean height	
		45cm,8cm, 10mm	
		Layers Cover	
		50%60%50%	
		Geology:	
		sandy soils	

Species list

Plant Name	Plant Density
Bare soil	10
Calluna vulgaris	80
Campylopus introflex	10
Deschampsia flexuosa	2
Dicranum scoparium	25
Erica cinerea	10
Hypnum cupressiform	1
Pseudoscleropodium	55

Location - unit number Unit35	Grid reference TM4580169527	Region East Suffolk	Author Toby Abrehart
Northern edge of the heather on the southern section of this sssi. Community consistant with the rest of this area of the site., with the inclusion of the odd Bracken plant. 		Date 26/06/2013	Quadrat Number 267
		Altitude 17m	Soil Depth
		Stand Area	Sample Area 2x2m
		Layers mean height 60cm, 30cm, 10cm, 10mm	
		Layers Cover 40%40%20%40%	
		Geology: sandy soils	

Species list

Plant Name	Plant Density
Bare soil	15
Calluna vulgaris	70
Campylopus introflex	10
Erica cinerea	20
Pseudoscleropodium	55
Pteridium aquilinum	1

